## **EMERGENCY PLAN**

## **Emergency Contacts List**

Emergency Contacts	9-1-1
First Contact's Name:	For emergencies like fires, medical needs, and crimes
First Contact's Phone:	703-558-2222 For non-emergency needs like noise complaints, graffiti,
Second Contact's Name:	or towed cars
Second Contact's Phone:	703-228-3000   For general inquiries about County services
Health + Medical Contacts	703-228-1010 For emergency shelter needs during non-business hours
Doctor's Phone:	
Pharmacy's Phone:	<b>703-228-5150</b> For mental health services
Hospital's Phone:	
Vet's Phone:	<b>703-228-5160</b> For mental health emergencies
Other Contacts	<b>703-228-1300</b> For help with things like food, rent, child care, utilities, medical ca and homelessness prevention
School or Daycare Phone:	
Other:	703-228-4715   For park and community center opening status
Other:	
Other:	For Arlington Public Schools needs including opening status



Sign up for Arlington Alert for free emergency, weather, and traffic news: ArlingtonAlert.com

## **Medications List & Medical Alert Info**

Medicine	Dosage	Frequency	Other Notes (e.g., allergies, n equipment, sensory needs):
			MEDICAL ALERT IN

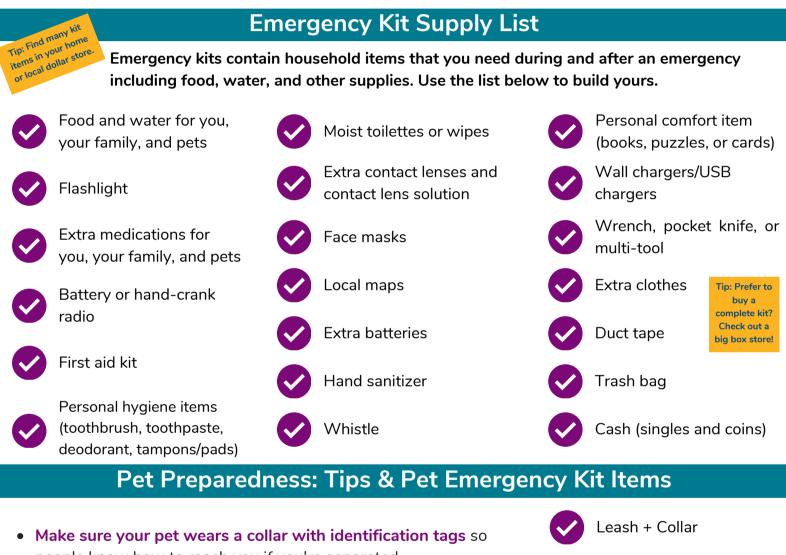


**MEDICAL ALERT INFO** 

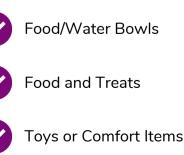
Notes (e.g., allergies, medical

## **READYARLINGTON.COM**





- people know how to reach you if you're separated.
- Take pictures with your pet to prove ownership.
- Use a buddy system. Plan with neighbors, friends or family to make sure that someone can help with your pets if you need it.
- Have your pet microchipped. The Animal Welfare League of Arlington hosts microchipping events (703-931-9241 or <u>awla.org</u>).
- Get emergency pet housing. The Animal Welfare League of Arlington offers emergency pet housing through the HELP program for those who qualify (703-931-9241 or <u>awla.org</u>).



Poop Bags