

Unused and Unsecured Medications are **DANGEROUS!**

Take action now to help make everyone safer from the dangers of misusing unsecured and no longer needed medications.

Every **10 minutes** a child visits the ER for medication poisoning and **86% of poisonings** are unintentional—when a child finds pills within reach

The **majority of teenagers** misusing prescription drugs get them from family or friends medicine cabinets. **20-25% of teens** report taking prescription medications from family without permission

70% of opioids prescribed for surgery go unused, making them vulnerable to misuse

Unused prescription drugs thrown in the trash can be retrieved and abused or cause **accidental overdose**

Unused medications that are flushed **contaminate the water supply**

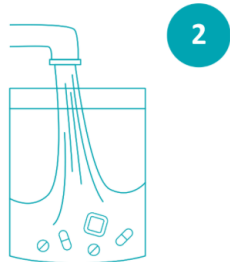
The Arlington Department of Human Services will help you for free prevent the misuse of medication or overdose with proper storage and disposal! Contact 703-228-4216 or email aari@arlingtonva.us to receive medication lock boxes and medication disposal bags for **FREE**.



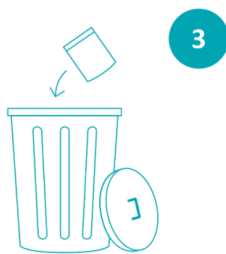
In three simple steps, the Deterra drug deactivation pouches will allow you to safely dispose of unused medications.



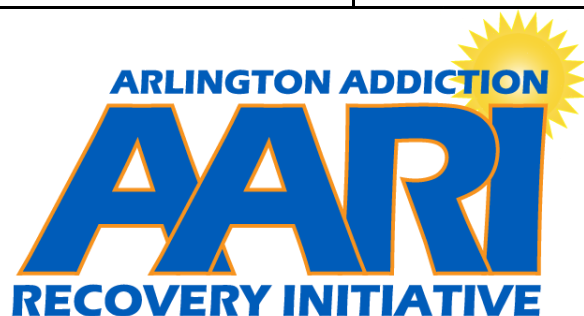
Tear open the pouch and place unused medications inside.



Fill pouch halfway with warm water and wait 30 seconds to allow for air to release. Some foaming may occur.



Seal pouch tightly. Gently shake pouch. Dispose in normal trash can.



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