

**Subject: Alternative Behavior Intervention Service (BIS) Options**  
**Related Department: DHS**

**FY 2025 Proposed Budget**  
**Budget Work Session Follow-up**

**4/3/2024**

The following information is provided in response to a request made by Ms. Coffey at the work session on March 14, 2024, regarding the following question:

*What alternative services are there for families impacted by the proposed DHS reduction that eliminates two filled positions who currently provide behavior intervention services (BIS)?*

\*\*\*\*\*

Please see the attached letter that was sent to families and community stakeholders on March 6, 2024.



DEPARTMENT OF HUMAN SERVICES  
Child and Family Services Division  
2100 Washington Blvd., 3rd Floor, Arlington, VA 22204  
TEL 703-228-1550 FAX 703-228-1172 TTY 703-228-1598

March 6, 2024

Dear Arlington County Families and Community Stakeholders:

The Community Services Board within the Department of Human Services has offered Behavior Intervention Services (BIS) for parents and caretakers to support those who need assistance with techniques to manage their children's behavioral challenges. Every year the County is faced with financial pressures that stretch us to meet the demand for services. This year there were many budgetary pressures, and the County Manager had to make over \$10 million in cuts to programs and personnel to balance the budget. As a result, the Behavior Intervention Services Program will be eliminated effective mid-May 2024. We recognize the challenge this may pose to you and remain committed to ensuring that children, youth, and families have access to quality and affordable services that meet their needs. If you are currently receiving services, staff will contact you to discuss your progress and how best to terminate services and/or identify another provider. If you have been accustomed to making referrals to the BIS program, we will help you to identify other community resources.

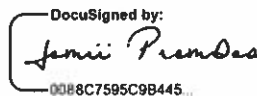
We will get through this transition period. Thank you in advance for your understanding and patience.

Please visit our website: Children's Behavioral Health Bureau – Official Website of Arlington County Virginia Government (arlingtonva.us), [www.arlingtonva.us/childrens-behavioral-health-bureau](http://www.arlingtonva.us/childrens-behavioral-health-bureau), for additional information about Children's Behavioral Health.

Sincerely,

DocuSigned by:  


B4ECCC266AB54F7...  
Laura Ragins, Psy.D  
Children's Behavioral Health  
Behavioral Health Supervisor

DocuSigned by:  


0088C7595C9B445...  
Jamii PremDas, LCSW  
Children's Behavioral Health  
Bureau Director

CC: Tabitha Kelly, LCSW, Child and Family Services Division Director  
Deborah Warren, LCSW, DCSW, CSB Executive Director, DHS Deputy Director  
Anita Friedman, DHS Director

DS  
TK

DS  
DW



DEPARTMENT OF HUMAN SERVICES  
 Child and Family Services Division  
 2100 Washington Blvd., 3rd Floor, Arlington, VA 22204  
 TEL 703-228-1550 FAX 703-228-1172 TTY 703-228-1598

## Behavior Management/Parent Coaching Supports FY24

<u>Agency</u>	<u>Contact Info</u>	<u>Address</u>	<u>Services</u>	<u>Financial</u>	<u>Website</u>
Skill Builders, LLC	Cari Syron- Owner-	<p>Annandale:            7617 Little River Turnpike            Suite #310            Annandale, VA 22003            (703) 941-7757</p> <p>McLean:            1487 Chain Bridge Road            Suite #102            McLean, VA 22101            (703) 821-8883</p> <p>Old Town Alexandria:            901 N. Washington Street            Suite 500            Alexandria, VA 22314</p>	OT Therapy, Speech Therapy, Executive Function Coaching, Parent Coaching	\$95-145 per hour; parent coaches only speak English. They have Spanish and Polish therapists that can offer language support	<a href="https://skillbuildersllc.com/parent-coaching/">https://skillbuildersllc.com/parent-coaching/</a>
Rachel Bailey	<a href="mailto:Info@Rachel-Bailey.com">Info@Rachel-Bailey.com</a> ; <a href="https://rachel-bailey.com/contact/">https://rachel-bailey.com/contact/</a>	Online	Free trainings, parenting academy, big emotions programs	"Do it with community support"- \$99/month ; "Do it with community + Rachel's live support" \$299/month	<a href="https://rachel-bailey.com/archived-raising-resilience-membership/">https://rachel-bailey.com/archived-raising-resilience-membership/</a>
Meghan Leahy Parent Coach	<a href="https://www.mlparentcoach.com/contact/">https://www.mlparentcoach.com/contact/</a> ; Contact - Meghan Leahy Parent Coach (mlparentcoach.com)	Online	Discovery call. coaching for new clients, online courses 3-13 yrs old	\$1580 for 6 sessions for new clients	<a href="https://meghanleahyparentcoach.vipmembervault.com/products/courses/view/24">https://meghanleahyparentcoach.vipmembervault.com/products/courses/view/24</a>



DEPARTMENT OF HUMAN SERVICES  
 Child and Family Services Division  
 2100 Washington Blvd., 3rd Floor, Arlington, VA 22204  
 TEL 703-228-1550 FAX 703-228-1172 TTY 703-228-1598

Agency	Contact Info	Address	Services	Financial	Website
Family Programs- SCAN of Northern Virginia	<a href="https://scanva.socialsolutionsportal.com/apricot-intake/Obd61948-d5e9-4f98-9f4e-c79efa1289d0;703-820-9001">https://scanva.socialsolutionsportal.com/apricot-intake/Obd61948-d5e9-4f98-9f4e-c79efa1289d0; 703-820-9001</a>	100 N Pitt St. Suite 405 Alexandria VA 22314	Parent Group (ages 0-5), Tween & Parent Group, One on One Support, Nurturing Parents Group; All services offered in Spanish and English	Free	<a href="http://scanva.org">Family Programs - SCAN of Northern Virginia (scanva.org)</a>
Parent Empowerment Services- Edu-Futuro	<a href="https://edu-futuro.org/contact-us/">https://edu-futuro.org/contact-us/</a>	ARLINGTON OFFICE 2110 Washington Blvd. 3rd floor Arlington, VA 22204 Office Phone: (703) 228-2560 Email: info@edu-futuro.org	Strengthening Families Program	Free	<a href="https://edu-futuro.org/parent-empowerment-services/">https://edu-futuro.org/parent-empowerment-services/</a>
The Wise Family	1-844-947-3326	ARLINGTON/FALLS CHURCH OFFICE 150 South Washington Street Suite 202 Falls Church, Virginia 22046 ALEXANDRIA OFFICE 2850 Eisenhower Avenue Suite 310 Alexandria, Virginia 22314	Parent Coaching	Initial intake session is a 75 minute session and costs \$300 across the board, every session after drops down to the clinician rates shown on the website	<a href="https://www.thewisefamily.com/services/parent-coaching/">https://www.thewisefamily.com/services/parent-coaching/</a>
Center for Anxiety and Behavioral Change	703-908-1020 <a href="mailto:intake-coordinator@changeanxiety.com">intake-coordinator@changeanxiety.com</a>	1487 Chain Bridge Road, Suite 203 McLean, VA 22101	Parent Management Training School-Based Services Groups Anxiety Based School Refusal	The formal intake session with a therapist is \$280, individual therapy is \$245 and group therapy is \$145. Insurance not accepted. Provide receipts to submit a claim for reimbursement.	<a href="https://changeanxiety.com">https://changeanxiety.com</a>



DEPARTMENT OF HUMAN SERVICES  
 Child and Family Services Division  
 2100 Washington Blvd., 3rd Floor, Arlington, VA 22204  
 TEL 703-228-1550 FAX 703-228-1172 TTY 703-228-1598

Agency	Contact Info	Address	Services	Financial	Website
Improving Outcomes	703-533-1996	101 Rowell Ct Falls Church, VA 22046	CONNECT® Parent Group which is an evidence-based 10-week manualized group program for parents and alternate caregivers of pre-teens and teens who struggle with significant behavior problems and mental health issues.	Contact directly	<a href="https://improvingoutcomes.wordpress.com/connect-parent-group/">https://improvingoutcomes.wordpress.com/connect-parent-group/</a>
Children's Behavioral Health (DHS)	Leonardo Espiña: Parent Education Coordinator – 703-228-1549	Varies	Project Family/Proyecto Familia Parenting Toolkit- FLIP IT! Series	Free	<a href="#">Parent Education</a>