



Arlington County Community Services Board
Executive Committee Meeting



February 6, 2023
2100 Washington Boulevard
Lower Level Room A

5:30 p.m. - 7:30 pm
Hybrid In-Person/Virtual (via Microsoft Teams)

Present: Asha Patton-Smith, Joe Klem, Paul Kalchbrenner, Steve Gallagher

Virtual: Cherie Takemoto (medical), Wendy Crawford (Travel-work)

Staff Present: Deborah Warren, Ollie Russell, Kelly Mauller

Welcome and Introductions

Chair Crawford welcomed the members to the meeting and asked for introductions.

Review & Approval of the January 9, 2023 Executive Committee Minutes

Chair Crawford called for a motion to approve the January 9, 2023 ACCSB Executive Committee meeting minutes. Mr. Klem motioned to approve the minutes, Mr. Gallagher seconded the motion, and the minutes were approved unanimously as amended.

Budget Update

Ms. Warren reported about the budget progress to date.

- The County Manger's budget is being reviewed for final considerations and will be presented at the February 21st County Board meeting
- Midyear reviews are being conducted to determine expenditures and projections for the remaining of the fiscal year
- The personnel budget has been impacted by new hires being brought on with higher salaries and the workforce shortage due to hiring and retention bonuses
- Compression studies are being conducted to balance salaries of new hires as opposed to employees who have been employed long term - Market comparatives have also been studied
- The overall vacancy rate for DHS is at 10%
- Staffing challenges continue with Children's Behavioral Health and Emergency Services
- Licensed clinicians and, specifically, bilingual licensed clinicians, are very challenging to hire

Chair Crawford stated that, at the last Child and Youth Committee meeting, Jamii PremDas, Children's Behavioral Health Bureau Director, shared information about increasing capacity to provide supervision to licensure.

Chair Report

- Chair Crawford reported that she attended the Commission Chair Orientation. The orientation is presented annually for new Commission Chairs. The presentation focused on in person quorums, which meetings are required to be recorded, etc. One of the topics was the intersection of the Freedom of Information Act (FOIA) and Google Docs. Google Docs can be utilized for informational items, resources, internal organizing, onboarding, etc. It was stated, at the

orientation, that commissions can use Google Docs but that the commissions are required to retain every iteration of a Google Doc for FOIA purposes.

Chair Crawford stated that, at the end of the orientation, the Commission Chairs discussed member recruitment and the member application process. Clerk to the County Board, Kendra Jacobs, is developing a more uniform application process with a goal of focusing on racial equity and diverse membership representation. The members discussed member recruitment and will begin to development a recruitment and appointment plan at the March 6th Executive Committee meeting.

- Mr. Gallagher asked if the Google Doc requirement applies to only the CSB full board or to committees as well. Ms. Takemoto responded that, as long as someone has access to the original document, that person can see all the previous changes. If there was a FOIA request, the person who originally created the document, would be able to provide all revisions. Chair Crawford will find out if the requirement applies to the committees.
- Letters of Support
 - Advocacy for Legislation About Meeting Requirements – Ms. Warren stated that she contacted Jennifer Faison, Virginia Association of Community Services Boards (VACSB) who stated that the VACSB supported the legislation. The legislation was not supported by both the House and Senate and, therefore, is no longer viable. The current meeting requirements will remain in place.
 - VHC Health Facility – Chair Crawford asked why the CSB would need to submit a letter of support for the new VHC Health Facility, since the County and VHC have already reached an agreement for VHC to repurchase the land at the original Carlin Springs VHC site. Ms. Warren responded that the CSB would submit a letter of support for the CSB to have input into the Site Plan Review Committee (SPRC) process. (The SPRC Process is a forum for the public to review and comment on plans. There are multiple opportunities to provide feedback throughout a review cycle)
<https://www.arlingtonva.us/Government/Commissions-and-Advisory-Groups/Planning-Commission/Site-Plan-Review-Committee>. The VHC Working Group will notify the CSB when the letter is needed; most likely mid-March. Due to time sensitivity, the CSB Full Board may delegate that the Executive Committee act on behalf of the full board for approval to submit the letter.
 - Our Stomping Ground – the Our Stomping Ground grant application to National Institutes of Health (NIH) about a study for health disparities went forward. A letter of support for the study was submitted by DHS and the CSB.
- Chair Crawford reported that she met with County Board Member and new Liaison to the CSB, Matt de Ferranti, last week to speak about the work of the CSB.

Executive Director Report

- Ms. Warren provided an update about the County budget.
 - The County Manager's budget will be brought before the County Board on February 21st
 - The County Budget Work Session, that includes DHS, will be held on March 9th
 - The County Public Budget Hearing will be held on March 28th
 - The County Public Tax Rate Hearing will be held on March 30th
 - The School Budget Hearing will be held on March 31st
 - The County Board will vote on their budget in late April
- Ms. Warren reported that VHC will work on developing a site plan for a rehabilitation and behavioral health hospital on the grounds of Carlin Springs, which will need to be submitted to the County for review. The VHC Working group met on February 3rd and generated a list of questions for VHC with regard to the project. One of the key factors is, at what point will the

VHC stakeholder group be able to provide input into the plan design for the new hospital. VHC and the County are planning to perform community outreach with regard to the project. A representative from VHC will attend the CSB Full Board meeting on February 15th to discuss the project. Jill Hunger, Community Planning Housing and Development (CPHD), Assistant Director, presented a PowerPoint during Friday's meeting, which outlined the SPRC process.

VHC plans to build

- 24 adult behavioral health beds
- 24 adolescent behavioral health beds (ages 12 through 17)
- 24 substance use treatment beds
- 14 geriatric behavioral health beds for individuals with co-morbid medical issues (these beds will be at the main campus).

VHC also plans 5 Outpatient programs to be co-located at the Carlin Springs facility:

- Adult Partial Hospitalization Program
 - Adult Intensive Outpatient Program (BH)
 - Adolescent Intensive Outpatient Program (BH)
 - Adult Intensive Outpatient Program (SUD)
 - Outpatient Clinic 8 am - 11 pm.
- Ms. Warren provided an update about the response to opioid use in adolescents. There has been a substantial increase in fentanyl use in adolescents. Two thirteen-year-olds overdosed a few weeks ago in Arlington and a fourteen-year-old, who attended Wakefield High School, fatally overdosed last week. Due to staff shortages, there are not enough services in place, at this time, to address the issue. There is, however, a lot of effort around prevention.
 - Three Public Services Announcements (PSAs) will be broadcast. The first PSA was developed by youth; Caring is Not Sharing.
 - A company has been hired to promote prevention efforts out to social media outlets.
 - An event was held at Sequoia Plaza where 151 boxes of NarCan were distributed to the community. NarCan training was also provided.
 - The Deputy County Manager is collaborating with Arlington Schools Leadership and DHS to install NarCan boxes in the schools.
 - DHS has received funding through the Opioid Abatement Authority (OAA). A portion of the funding will be utilized to hire an Office Based Opioid Treatment (OBOT) Therapist
 - Ms. Warren is working collaboratively with the Region to develop a Regional Medical Withdrawal and Residential Program for adolescents, as well as adults - A grant from the Department of Behavioral Health and Disability Association (DBHDS) was distributed, which targets Regions II and V - The Region will apply for OAA funding - The region will have to provide local funding matches.
 - Ms. Takemoto asked how much funding is recoverable through insurance. Ms. Warren responded that the region would need to calculate the offset. Payments would not be provided until services are being rendered.
 - Mr. Klem asked about opioid use versus other substances and if a person who is a one-time user, as opposed to a regular user, would be eligible for the Regional program. Opioids are a pressed pill. Mr. Kalchbrenner responded that services would be based on an individual's needs.
 - Mr. Kalchbrenner commented about the overdose response:
 - A series of community events are being scheduled - one was held last week and two more are scheduled for February 10th and February 15th
 - There were over 200 requests for NarCan in the 24-hours following last week's fatal overdose

- APS is progressing their harm reduction efforts
- A work session about opioid use is being held with the School Board on February 7th. The session is open to the public but without comments from the public
- APS is planning a series of community conversations about SUD and opioids. Dates to be determined in February and March
- The non-profit, The Rising Flourish, based out of Montgomery County Maryland, presents The Cycle of Addiction to young people in classrooms, who have at least one-year in recovery
- Housing is a priority

Additional Information

- Ms. Mauller stated that she is going to send out a “save the date” and the staff recognition nomination form to staff for the CSB Annual Awards Ceremony. This year’s awards will be presented on June 21st. The CSB will need to approve the award nominations at the April 19th full board meeting. She asked the members to send her any staff and/or community partner nominations.

Developmental Disabilities (DD) Committee – Cherie Takemoto

- Ms. Takemoto announced that, in lieu of the regular DD committee meeting, a listen and learn event will be held about the Medicaid waiver. A representative from the ARC of Virginia will describe what the Medicaid waiver is. There will be advocates on the panel to speak about their experience with the waivers. One person on the panel is a non-verbal writer, one is from the Virginia Training Center, and the third is Ms. Takemoto’s son. 17 people have RSVP’d from Arlington’s schools. The event will be recorded and broadcast through youtu.be. This is a public event and will be held on February 7th from 4:00 – 7:00.
- Mr. Gallagher stated that, either March 15th or April 19th, the MH Committee is likely to have formal proposals for consideration by the CSB.

Upcoming Items for CSB Full Board Meeting on February 15, 2023

- The members will review policies ACCSB-2 Populations Receiving ACCSB Mental Health, Substance Use Disorder and Developmental Disability Services and policy ACCSB-3 Policy and Procedure Definitions.
- Chair Crawford will ask for any Committee reports and/or staff updates.

Adjournment

Chair Crawford called for a motion to adjourn the meeting. Ms. Takemoto motioned to adjourn the meeting. Mr. Klem seconded the motion and the meeting was adjourned at 7:30 p.m.

Respectfully submitted by Kelly Mauller