



# The Arlington Community Services Board

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**Jenette O’Keefe**  
ACCSB Chair

April 20, 2022  
**THIS IS A VIRTUAL TEAMS MEETING**  
4:00 P.M. – 6:00 P.M. pm – Full Board Meeting

**Deborah Warren**  
DHS Deputy Director/  
CSB Executive  
Director

**Present:** Jenette O’Keefe, Dori Mitchell, Cherie Takemoto, Steve Gallagher, Wendy Carria, Asha Patton-Smith, Bob Carolla, Joe Klem, James McMichael, Anne Hermann, Steve Taphorn, Carol Skelly, Suzanne Joy, Adele McClure, Paul Kalchbrenner, Anna Strasburger

**Absent:** None

**Guest:** Polly Panitz

**Staff:** Kelly Mauller, Ollie Russell, Deborah Warren

### **Public Comment:**

Public comment is encouraged at all Community Services Board meetings. There was no public comment and Ms. Mauller noted that no public comments were submitted through the public website.

### **Welcome and Moment of Reflection**

- Chair O’Keefe welcomed Polly Panitz to the meeting. Ms. Panitz has applied for membership to the full board. Ms. Panitz stated that she is a Behavioral and Developmental Pediatrician and has recently retired from clinical practice. She noted that she had an interview with Chair O’Keefe and Mr. Russell last week as a part of the membership candidate process.
- Chair O’Keefe announced that Anna Strasburger has been appointed as a new CSB member by the County Board. Ms. Strasburger is also a member of the Mental Health (MH) Committee. Ms. Strasburger stated that she has been a member of the MH committee since 2019 and has recently started to attend the Mental Health Criminal Justice Review Committee. She added that she has been a client receiving CSB services and that she is a Certified Peer Recovery Specialist in jurisdictions outside of Arlington.
- Chair O’Keefe called for a moment of reflection about recent events in Ukraine. She stated that, in the course of this month, the world has seen the dissolution of community because of war. She added that it is difficult to see these events. She stated that she is calling for a moment of reflection so that the members present tonight can think about the importance of community, which is being destroyed in front of everyone. Chair O’Keefe stated that she appreciates the work of the board through community outreach. She asked the members to think about the victims of war and also to the helping hands across borders, and to all of the community services board staff and community members.

### **Approval of the March 16, 2022 ACCSB Meeting Minutes**

Chair O'Keefe called for a motion to approve the March 16, 2022 ACCSB Full Board meeting minutes. Mr. Klem motioned to approve the minutes, Ms. Hermann seconded the motion, and the minutes were approved as amended. The members agreed unanimously.

Chair O'Keefe reported that the Executive Committee discussed a shortened format for the minutes. The discussion concluded with the members being open to a new format. She asked the members for comments.

- Ms. Takemoto commented that, if following Robert's Rules, it is not typical for minutes to include all conversations. Instead, minutes include action items, motions, and whether the motion carried. Also, the person making the motion and seconding it does not have to be mentioned. Ms. Mauller noted that it is not a requirement for the CSB to follow Robert's Rules.
- Mr. Carolla commented that it is important to identify who spoke about a topic in the minutes for transparency and possible FOIA requests, that the members should be held responsible for what they said. Ms. Mauller responded that she intends to include the name of the member who spoke.

Ms. Mauller noted that the February 16<sup>th</sup> full board minutes were not approved during the March 16<sup>th</sup> meeting due to time constraints. The members agreed to approve the February minutes at the May 18<sup>th</sup> meeting.

### **Equity Moment**

This month's equity moment included viewing [The Danger of a Single Story](#) Ms. Carria asked the members to think about and comment on the following:

- What stereotypes are you aware of in your thinking?
  - Have you ever been "stereotyped"?
  - Have you ever realized that you were stereotyping another person, place or experience?
  - In our roles within the CSB, what are the risks of a single story?
- Mr. Carolla commented that it resonated with him in the way that we view community.
  - Ms. Panitz commented that we must be more aware of how insulting our assumptions about people from different backgrounds can be.

### **Advocacy Consideration: School Social Workers and Psychologists**

Ms. Carria followed up on the action in March to oppose the School Superintendent's original budget proposal to eliminate two Social Worker and Psychologists positions based on projected enrollment numbers. She reported that the School Board reinstated all four positions in their budget on April 7<sup>th</sup> and reinstated all four positions. She thanked the members for their advocacy to retain the positions.

### **Committee Updates**

The Committee Chairs provided the following reports.

#### **Mental Health (MH) Committee - Steve Gallagher and Joe Klem**

- Group Homes and Assisted Living Facilities (ALFs) - discussed how decisions are made for RFPs - County currently combines real estate and service providers - Currently if the service provider changes, the new provider has 90 days to find real estate and the residents have to relocate - separating real estate from the provider allows for residents to remain housed in place
- Dispute resolution process - committee is working to review and improve the process for filing a complaint - DHS currently has a Dispute Resolution Policy in place

- The committee is working on a proposal to improve services for young adults in the Assertive Community Treatment (ACT) Program
- Gathering data to inform about long-term future services for adults with mental illness

#### Child and Youth (CY) Committee - Asha Patton-Smith

- A potential candidate for the CY committee attended the last meeting. Ms. Panitz also attended the meeting
- The committee had a presentation about the Marcus Alert and why it was created – two guests attended the presentation portion of the meeting but provided little background about themselves other than their names – the committee discussed how to improve engagement with guests to determine interest in the committees

#### Developmental Disabilities (DD) Committee - Carol Skelly

- The most important item on the DD agenda continues to be capacity shortages in day and employment programs
- The committee is awaiting the outcome of its budget requests to the County Board
  - a small pilot program that would help to address the capacity gap in the short-term for adult day and employment programs;
  - a full-time transportation coordinator to help individuals and families with transportation shortage and also to realize cost-saving efficiencies at the system level;
  - additional vans for transportation to day programs – the current number of routes is half the pre-pandemic level.
- At the next meeting, Tuesday, April 26, the committee staff will report on the budget actions and also a discussion of next steps toward resolving the capacity issue. Ms. Skelly understands that part of the capacity solution may be an amendment to the Capital Improvement Plan (CIP). The CIP follows a separate approval process and cycle from the annual budget. The committee may propose recommendations to the full board for new day and employment program capacity in the CIP plan.
- Good news to share – the two main Arlington day programs, Woodmont Center and ArlingtonWeaves, will start back full time at the beginning of May. The committee thanks County staff for their role in negotiating with the contractors to make this happen.
- Residential services are a high priority as well, because they have not been reviewed in more than two years. The committee plans to conduct the review at the May 12<sup>th</sup> meeting.
- Lynne Kozma has resigned from the full CSB, but she will continue as a member of the DD Committee. Ms. Kozma contributed so much to the CSB and she leaves a big gap to fill.
- There will be an autism-focused in-person film viewing of “The Reason I Jump” at Central Library Tuesday April 26<sup>th</sup> beginning at 6:00 p.m. A panel discussion will be held following the viewing. Ms. Takemoto noted that the film has won Sundance film awards and features two Arlington residents.

Ms. Skelly thanked Chair O’Keefe and the CSB members for all of the support they gave to DD during the budget advocacy process.

#### Substance Use Disorder (SUD) Committee - Paul Kalchbrenner

- SUD has been discussing purchasing a license for a new film called “Tipping the Pain Scale”
- Safe Station remains a topic of discussion – Safe Station allows any individual to come to any of the 14 fire stations in Arlington 24/7 and get connected to services without fear of prosecution of minor infractions such as possession of an illegal substance or being under the influence of alcohol
- Arlington Addiction and Recovery Initiative (AARI) continues to work on a strategic plan to reduce harm reduction and connect individuals in need with peer supports for a more stable living condition in the community

- \$24 billion in funds from the opioid settlement to be distributed to counties over the next 10+ years will begin in the next few months
- Guidelines for the new Substance Abuses and Mental Health Services (SAMSHA) 988 call line have been distributed and will begin in July
  - Ms. Warren responded that the July 16<sup>th</sup> deadline was for telecommunications companies and that most of the Nation is not yet prepared to begin the 988 call centers. She asked Mr. Kalchbrenner to forward to her the information he received for clarification.
  - Ms. Warren asked about the allocation of \$24 billion in funding for the opioid settlement. Mr. Kalchbrenner will research how the funds will be allocated over time.

### **Budget**

- Chair O’Keefe stated that each committee was well represented for the March CSB budget meetings with the County Board Members. She noted that the County Board Members are always receptive and supportive to what the needs that the CSB brings forward.
- Chair O’Keefe asked Ms. Skelly about the DD presentation of budget priorities and concerns at the County Public Budget Hearing. Ms. Skelly reported that five speakers presented about the DD budget priorities. She stated that she was appreciative of the speaker’s that presented.

### **Chair Report**

- Chair O’Keefe reported about CSB membership status. She spoke about Lynne Kozma’s retirement from the board and stated that she is appreciative of the years that she served. She added that Ms. Kozma was instrumental in the DD committee goals. Ms. Kozma will continue as a member of the DD committee.
- Chair O’Keefe reminded the members about the 14<sup>th</sup> Annual Second Chance Offender Aid and Restoration (OAR) fund raising breakfast will be held on April 27<sup>th</sup> from 8:00 a.m. to 9:00 a.m. The breakfast will be held virtually. OAR is a community-based nonprofit which envisions a safe and thriving community where those impacted by the legal system enjoy equal civil and human rights <https://www.oaronline.org/about-us/history-overview> Members who would like to attend will need to RSVP on the OAR website.
- Chair O’Keefe reminded the members about the annual June CSB Awards Ceremony which will be held during the first hour of the June 15<sup>th</sup> full board meeting from 4:00 p.m. to 5:00 p.m. The regular business meeting will be held from 5:00 p.m. to 6:00 p.m. Nominations for staff and/or Community Partners are due to Ms. Mauller by April 29<sup>th</sup>. The awards ceremony will be held in-person at 2100 Washington Boulevard in the lower-level auditorium. Virtual accommodations will be made as necessary and/or if needed. The CSB provides the refreshments. Members can email Ms. Mauller if they choose to bring a food item.
- Chair O’Keefe reminded the members about the upcoming VACSB Development and Training Conference scheduled for May 4<sup>th</sup> through 6<sup>th</sup>. The conference will be in-person at the Hyatt Regency in Reston. There will be several sessions on pilot projects around the state, evidence-based practices, and hear from decision makers throughout the state. Ms. Mauller noted that there is the option to attend Wednesday and Thursday or just one of those days. The third day is typically a business session for regional leaders. The deadline to register is April 29<sup>th</sup>.
- Chair O’Keefe asked the members for suggestions of topics for upcoming meetings. Ms. Warren stated that Delegate Patrick Hope is interested in attending the May 18<sup>th</sup> full board meeting to discuss legislative concerns. Other suggestions include:
  - Crisis Continuum of Care and Crisis Intervention Center – May
  - Equity Statement review in May and approve in June
  - CSB Policies and Procedures begin to review in June

- Chair O’Keefe reported that she attended the virtual presentation about the Marcus Alert. She noted there was great representation from individuals with lived experience. She stated a quote from Ms. Warren; “the presentation is a rich presentation of the feedback that was given”. She noted that Ms. Friedman, DHS Director, spoke about creating a communication hub, outreach to non-English speakers, and the importance of Peers and Peer focus groups.

### **Executive Director Report**

- An update was not provided about the staffing crisis
- Mr. Russell reported about the Virginia Hospital Center (VHC) Expansion. The VHC working group is scheduled to meet this Friday. He noted that the Certificate of Public Need (COPN) for the addition of psychiatric beds has been accepted. He stated that the architects have been working collaboratively with the working group and persons with lived experience on the design of the new space. The VHC group has also been working closely with VHC about the Intensive Outpatient Program (IOP). VHC has an SUD IOP program but not a MH IOP program. A hybrid model is being considered. A MH IOP is anticipated to be in place by the end of the calendar year but staffing remains a challenge to implementation. Virginia Hospital Center has officially rebranded their name to VHC.

### **Additional Updates/Information/Announcements**

- There were no additional updates or announcements.

### **Adjournment**

Chair O’Keefe adjourned the meeting 5:40 p.m.

Respectfully submitted by Kelly Mauller

### **Upcoming Committee Meetings - Meetings will be held virtually until further notice**

Child and Youth (CY) - May 4<sup>th</sup> 4:30 p.m. - 6:00 p.m.

Developmental Disabilities (DD) - April 26<sup>th</sup> 4:00 p.m. - 6:00 p.m.

Substance Use Disorder (SUD) - April 24<sup>th</sup> 6:00 p.m. - 7:30 p.m.

Mental Health (MH) - April 27<sup>th</sup> 6:00 p.m. - 8:00 p.m.