



The Arlington Community Services Board

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Wendy Crawford
ACCSB Chair

Deborah Warren
DHS Deputy Director/
CSB Executive
Director

THIS IS A HYBRID IN-PERSON/VIRTUAL MEETING

5:30 P.M. – 7:30 P.M. pm – Full Board Meeting
2100 Washington Boulevard
Lower Level Auditorium
February 15, 2023

Present: Steve Gallagher, Wendy Crawford, Anne Hermann, Bob Carolla, Asha Patton-Smith, Dori Mitchell, Jenette O’Keefe, Suzanne Joy, James McMichael, Angi Souder, Joe Klem

Virtual: Paul Kalchbrenner (personal), Steve Taphorn (work), Anna Strasburger (personal), Cherie Takemoto (medical), Ollie Russell (staff)

Guests: Adrian Stanton, VHC Health Vice President, Business Development and Community Relations, Naomi Verdugo, Arlington Mental Health and Disability Alliance (AMHDA), Rebecca Kiessling, National Alliance on Mental Illness (NAMI)

Absent: Adele McClure, Bertra McGann

Staff: Kelly Mauller, Deborah Warren, Anita Friedman

Public Comment:

Public comment is encouraged at all Community Services Board meetings. There was no public comment and Ms. Mauller noted that no public comments were submitted through the public website.

Welcome

Chair Crawford welcomed the members and guests to the meeting.

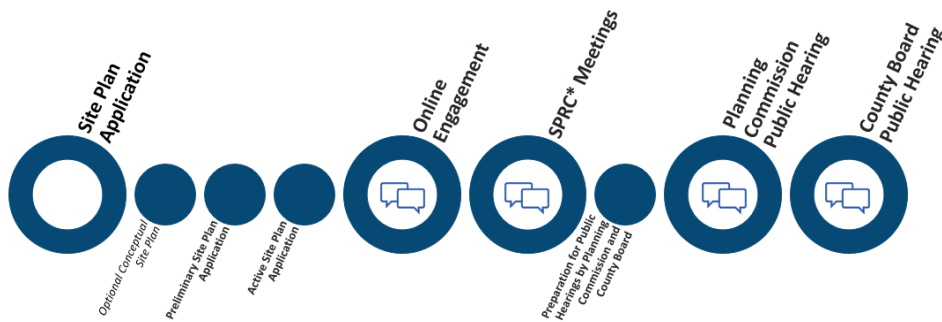
Discussion: VHC Health Facility

Adrian Stanton, Vice President, Business Development & Community Relations, and Melody Keysley, Senior Vice President of Operations and Nursing, presented about the new VHC Health Rehabilitation and Behavioral Wellness Facility at Carlin Springs.

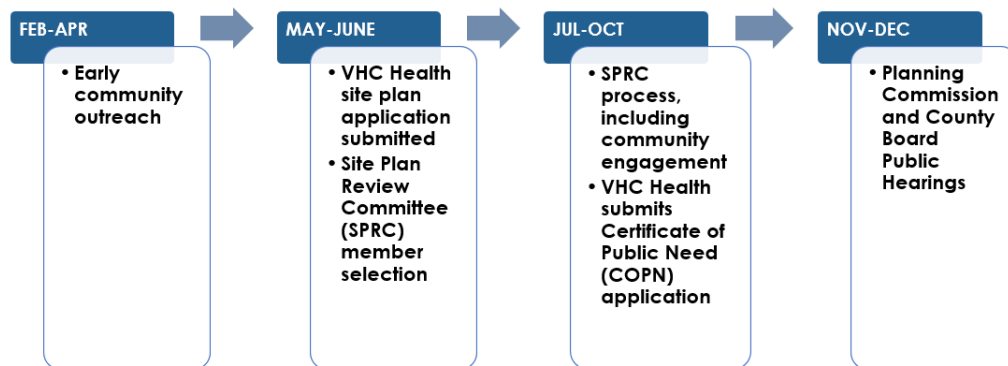
- In January of 2023, a letter of intent between Arlington County and VHC Health was signed to allow VHC Health to repurchase land at the original Carlin Springs VHC site. The Carlin Springs location will support inpatient/outpatient rehabilitation and behavioral health and wellness programs in a new, modern facility.
- VHC Health will purchase and transform 5.8 acres at 601 S. Carlin Springs Road for the new facility.
- The County will retain 5.8 acres at the site and provide for
 - Future public uses compatible with the VHC environment
 - Maintain scenic easement inclusive of Resource Protection Area (RPA)

- Natural use and landscaping will be maintained in the intervening period
 - VHC planning will precede any County plans
- Expanded Inpatient and Outpatient Services
- New advanced rehabilitation and behavioral health wellness facility with a total of 112 beds
- The Carlin Springs location will include expanded behavioral health services
 - 24-bed adolescent unity (an increase of 24 beds)
 - 24-bed adult unit (+7 beds)
 - 24-bed recovery and wellness unit (+6 beds)
- The new facility will include greater inpatient rehabilitation services capacity, with a total of 40 beds for individuals with brain and spinal cord injuries, stroke, neurological and other conditions
- Five outpatient programs:
 - Adolescent intensive outpatient program
 - Adult intensive outpatient program
 - Adult recovery and wellness intensive outpatient program
 - Adult partial hospitalization program
 - Outpatient behavioral health clinic
- Next steps include:
 - VHC Health plans to break ground on the new facility in late 2023 or early 2024, and expects construction to be complete in late 2025
 - Anticipate submitting site plan application by late spring 2023
 - Submit Certificate of Public Need (COPN) request for approval to the Virginia Department of Health and Health Commissioner in 2023
 - Arlington County will process the applications for the site plan and use permit to proceed through public review
 - The project will include a Site Plan Review Process (SPRC), led by the Planning Commission, allowing for neighbors and interested stakeholders to participate
 - The Planning Commission and the County Board will hold public hearings to consider those applications within 120 days of the County’s acceptance of the completed applications

Site Plan Review Process and Timeline



*Site Plan Review Committee (SPRC)



Questions/Comments/Responses

- Question: What will happen with the Intensive Outpatient Program (IOP) model?
Response: The challenge is with the space to implement the program on the main campus.
Question: Is there a timeline for VHC Health to move forward with IOP?
Response: Once the outpatient services are moved, VHC will have a better understanding of when IOP services will be implemented once decisions about other VHC operations are decided.
- Question: Will the new facility offer any different insurance options with regard to who will be served; those with Medicaid/Medicare, the uninsured, etc.
Response: VHC Health will serve everyone regardless of insurance status.
- Question: How will co-occurring substance use disorder/mental health disorder individuals be taken care of?
Response: Experts will discern which disorder is more precedent.
- Comment: Mr. Stanton asked the members to continue their advocacy for the new facility. He noted that VHC Health still needs to go through the COPN process and does not anticipate any opposition. A public hearing will be held for the COPN.
- Question: About the number of beds.
Response: The number of beds is included in the presentation information above.
- Question: Who will be seen in the 14-bed unit?
Response: Elderly, depressed patients who have suicidal ideation and who may have a cooccurring diagnosis.
- Question: Will 68% of the rehabilitative rooms be private?
Response: It is envisioned that all the beds will be private based on the design of the unit. The mental health beds, at Carlin Springs under the current design, will be 65%.
- Question: How does VHC Health plan to mitigate patients being moved from one unit to another?
Response: There is one team of psychiatrists and providers who will be managing both units of substance use and mental health, which will provide for peer coordination that reflects the teams, and meets the needs of those patients who have concurrent needs.
- Question: How well patients be transferred from the Emergency Department (ED) to the new location?
Response: The specifics of operationalizing transport is in the development stages. Currently, there is special transport that takes patients to other hospitals.
- Question: What will the ability be, to shift patients from one type of bed to another in a time of crisis.
Response: There are two separate bed type licenses. There is a formal State process to get a different license for a different type of bed. Substance use beds and behavioral health beds fall under different licensure than rehabilitation/wellness beds.

- Question: Is VHC Health considering reenforcing the infrastructure of the building, physically, so that in the future, the facility could be expanded.
- Response: The facility could not be expanded as a single floor model, but it may be possible to expand to a second floor at a future time.

The members discussed outreach, messaging, and challenges. Conduct outreach to neighborhood coalitions:

- Glencarlyn Civic Association
- Police
- The Hispanic community
- Kenmore Parent's Association
- NAACP
- The business community
- School PTAs
- Arlington Rotary Club
- Commission on Aging
- Commission on Disabilities
- And others

Approval of the January 18, 2023 ACCSB Meeting Minutes

Chair Crawford called for a motion to approve the January 18, 2023 ACCSB Full Board meeting minutes. Ms. O'Keefe motioned to approve the minutes, Ms. Mitchell seconded the motion, and the minutes were approved as amended. The members agreed unanimously.

Committee Reports

Substance Use Disorder (SUD) Committee – Paul Kalchbrenner

- The committee discussed the recent fatal overdose at Wakefield Highschool and the actions that are being implemented, as a result
- Schools will conduct more conversations and trainings around harm reduction
- The non-profit, The Arise and Flourish, young individuals in their 20's who have been in recovery for on -year, have been presenting The Cycle of Addiction to schools and speak about their own experiences
- Discussion was held about developing additional recovery housing

Developmental Disabilities (DD) Committee – Cherie Takemoto

- The committee held its first Listen and Learn Session about Medicaid waivers – She thanked Chair Crawford and Arlington Public Schools (APS) for partnering with the DD committee – Parents of students were also in attendance YouTube Link: <https://www.youtube.com/watch?v=Jzvl7p0S8bY>
- The next regular DD Committee meeting will be held on March 6th
- The next Listen and Learn Session will be held on April 4th – The tentative topic is employment
- March is DD Awareness Month – DHS is holding an art show at the 2100 Washington Boulevard location in the lower-level auditorium on March 2nd from 4:00 p.m. to 6:00 p.m. – the artwork will be displayed at the Westover Library from March 3rd to March 31st

Mental Health (MH) Committee – Joe Klem and Steve Gallagher

- The MH Committee will meet on February 22nd – the focus will be on housing related concerns and policies – there may be some proposed language that would be brought before the CSB full board for consideration about the group homes; single vs. private beds and the number of individuals in the group homes
- The committee will formalize convening an advisory council for the group homes

- The committee will discuss, not only an opportunity to serve on the Selection Advisory Committee (SAC), but to be a part of the Scope of Work (SOW) process for RFPs

Child and Youth (CY) Committee – Asha Patton-Smith

- The committee heard about, and discussed, the ASPIRE Program (Coordinated specialty care for First Episode Psychosis Program, or FEP) – a total of 14 individuals have been served over the past few months
 - Ms. Warren noted that the ASPIRE Program is funded by on-going StepVA Outpatient funds and a two-year grant from the Department of Behavioral Health and Disability Services (DBHDS)
- The committee is planning to begin discussing housing options; primarily, housing for unhoused youth, youth coming out of foster care, impacts of eviction, and juvenile services – the liaison between APS and Foster Care will be invited to a future meeting

Review of CSB Policies and Procedures

Due to time constraints, the members did not review policy ACCSB-2 Populations Receiving ACCSB Mental Health, Substance Use Disorder and Developmental Disability Services, or policy ACCSB-3 Policy and Procedure Definitions.

Chair Report

Due to time constraints, the Chair report was not provided about shared topics of interest.

Executive Director Report

Ms. Warren announced that the County Manager will release his proposed budget on February 18th. The budget presentation will be posted on the County website this weekend. Full details about the budget will be posted on the County Website on February 21st or 22nd.

- The County Budget Work Session, that includes DHS, will be held on March 9th
- The County Public Budget Hearing will be held on March 28th
- The County Public Tax Rate Hearing will be held on March 30th
- The School Budget Hearing will be held on March 31st
- The County Board will vote on their budget in late April

Ms. Mauller will email the budget meetings between the CSB and the County Board to the members. The meetings are scheduled as follows:

- March 22nd: Takis Karantonis 1:00 – 2:00
- March 23rd: Matt de Ferranti and Libby Garvey 1:00 – 2:00
- March 24th: Christian Dorsey and Katie Cristol 2:00 – 3:00

Additional Updates/Information/Announcements

There was no additional information, questions, or announcements from the members.

Adjournment

Chair Crawford called for a motion to adjourn the meeting. Mr. Gallagher called for a motion to adjourn. Mr. Carolla seconded the motion and the meeting adjourned at 7:30 p.m.

Respectfully submitted by Kelly Mauller