The Arlington Community Services Board



2100 Washington Boulevard Arlington, VA 22204 (703) 228-5150 * FAX: (703) 228-4853



Wendy Crawford ACCSB Chair

Deborah Warren
DHS Deputy Director/
CSB Executive
Director

THIS IS A HYBRID IN-PERSON/VIRTUAL MEETING

5:30 P.M. – 7:30 P.M. pm – Full Board Meeting 2100 Washington Boulevard Lower-Level Auditorium June 21, 2023

The CSB held its Annual Awards Ceremony for Community Partners and Staff from 4:00 – 5:00. The recipients are as follows:

Community Partner Awards

Lynne Lilly and Nancy King – Retired Teachers Association Dr. Alec Lededun – Mary Marshall Assisted Living Residence

Exemplary Team Awards

Facilities Operation Bureau

Lauri Brown
Liz Davis
Chris McGuigan
Lisa Lucas
Sherman Ray
Johnny Para

Parent Infant Education Program

Angeline Hatley Cris Thomas Mitzi Lawer Tabitha Nelson Yolanda Sharifi Baily Uscinski

Lauren Lamore-Chen

Jail Mental Health

Dee Foreman Samantha Van Sickle Shanee Daley Kelsey Stodtko Tatiana Campbell Patricia Soukup Ashley Adkins Andre Buffington

Lauren Broderick Christina Pappa Karl Fray

Exemplary Clinician Award

Kelly Nieman Jessica Sleep Krissy Anderson

Lifetime Achievement Award

Sharon Austin

Disability Advocacy and Leadership Award

Carol Skelly

Distinguished Service Award

Ienette O'Keefe

The regular CSB business meeting was held from 5:00 – 6:00. (as a note, there were technical difficulties with the audio for virtual attendance and the meeting was not able to be recorded via Teams)

<u>Present:</u> Wendy Crawford, Anne Hermann, Joe Klem, Paul Kalchbrenner, Cherie Takemoto, Joe Albert, Angi Souder, Jenette O'Keefe, Daniel Adams, Asha Patton-Smith, Dori Mitchell

Absent: Steve Gallagher, Bertra McGann, Steve Taphorn, Adele McClure, Bob Carolla, Anna Strasburger

Staff: Kelly Mauller, Deborah Warren, Ollie Russell

Public Comment:

Public comment is encouraged at all Community Services Board meetings. There was no public comment and Ms. Mauller noted that no public comments were submitted through the public website.

Welcome

Chair Crawford welcomed the members to the meeting and asked them to introduce themselves. She introduced Daniel Adams, SUD Committee member, who was recently appointed as a CSB full board member by the County Board. Mr. Adams has participated in several of the CSB budget sessions with the County Board. Mr. Daniels is also a peer Recovery Specialist at The Chris Atwood Foundation.

Approval of the May 17, 2023 ACCSB Meeting Minutes

Approval of the May 17, 2023 minutes was deferred to the July 19th meeting.

Review of CSB Policies and Procedures

- Chair Crawford called for a motion to approve policy ACCSB-9 ACCSB Chair. Ms. O'Keefe motioned to approve the policy. Ms. Mitchell seconded the motion. One member abstained from voting on the policy. All other members approved the policy.
- Chair Crawford called for a motion to approve policy ACCSB-10 Emergency Succession. Ms. Takemoto motioned to approve the policy. Mr. Klem seconded the motion. Two members abstained from voting on the policy. All other members approved the policy.
- Chair Crawford called for a motion to approve policy ACCSB-11 Compliance Officer. Ms. Patton-Smith motioned to approve the policy. Mr. Albert seconded the motion and the members approved the policy unanimously.

There was a question about who the Compliance Officer is for all DHS programs, including CSB programs. Jan Longman is the Compliance Officer for not only CSB Programs, but for all DHS Programs. The members discussed human rights services. A client survey was developed, which includes questions about whether or not the client knows how to reach human rights services.

Chair Report

Chair Crawford announce that a Marcus Alert Community event will be held at the Walter Reed Center from 11:00 a.m. to 3:00 p.m. A Pride event will take place on Saturday, as well.

Executive Director Report

• Ms. Warren provided information about two recent deaths; a murder and a death by suicide. The death by suicide occurred behind the DHS 2100 Washington Boulevard building. The person was not receiving DHS services. The person who was murdered was a victim of domestic violence. She was a client at Doorways and Arlington Partnership for Affordable Housing (APAH). A death also occurred at one of the group homes. The person died from natural causes. The members discussed the incidents.

• The Opioid Abatement Authority (OAA) grant to fund a medical withdrawal and substance use treatment use program for adolescents, was awarded to the region. \$2.6 million will be allocated in the first year, and approximately \$5 million will be allocated over a five-year time period. The program will have 20 psychiatric beds for adolescents aged 12 to 17. No RFPs were submitted for a vendor. Possible locations include Stone Springs Hospital, INOVA Health Systems, Northern Virginia Juvenile Detention Center (the Shelter Care space), as well as potential County locations. A public hearing about the allocation of the grant funds will be held on June 23rd. It was noted that approximately \$173,000 will be allocated to expand the Office Based Opioid Treatment (OBOT) program.

The Regional Management Office contracted with an expert from Brown University about treatment on opioid dependence in adolescents and has contracted for a series of trainings for 139 individuals throughout the region, including 19 Arlington staff. The training is being funded by the Department of Behavioral Health and Developmental Services (DBHDS). Two cohorts will be trained on treating adolescents with opioid dependence.

- An open house and ribbon cutting ceremony is being planned for the new Developmental Disability Group Home located at 1212 Irving Street in September. The State Commissioner will be invited.
- Ms. Warren reported about the Mobile Outreach Services Team (MOST) program. The program is funded by a State grant and will provide services between 1:00 p.m. to 9:00 p.m., five days per week. Staff have been hired and the van is fully equipped to provide this service beginning July 1st. The service is available to all residents of Arlington. The County Executive Leadership Team will meet at the Sequoia Plaza on June 26th to hear about the Crisis Intervention Center services. A tour of Clarendon House will be provided and there will be a presentation about the Marcus Alert initiative.
- A ribbon cutting ceremony for the VHC Health Outpatient Pavilion was held on June 12th. The outdoor space is therapeutic and has several floors. The outpatient pavilion is adjacent to the main VHC campus. The outpatient pavilion is not related to behavioral health services.
- A meeting was held about the new Carlin Springs location with neighboring residents to from discuss their concerns, which included security. Carlin Springs will be a separate new facility with 40 rehabilitation beds on one side, for individuals with brain injuries and related injuries. Another side will be a 24 adult behavioral unit, a 24-bed adult substance use treatment unit, and a 24-bed adolescent behavioral health unit. There will be five different outpatient programs.

VHC Health, according to the new site plan revisions, is going to open two outpatient programs; one for adult behavioral health, and one for adolescent behavioral health, by December of this year. VHC is required to report their progress to the CSB and the stakeholder group in the Fall of 2024.

Committee Reports to better address

- Mr. Kalchbrenner reported about the efforts of the SUD Committee in collaboration with the
 Opioid Abatement Authority. The SUD committee met with APS Administrators to better address the
 power of lived experience in different settings. Mr. Adams added that the meetings with APS were well
 received.
- Mr. Klem reported that the Mental Health Committee had a presentation about Senior Adult Mental Health during its last meeting. There was a lot of discussion around case management vs. therapy sessions.
- The DD Committee held a listen and learn session about behavioral supports from La Voyce Reid, Aging and Disabilities Bureau director.

Additional Updates/Information/Announcements

Ms. Takemoto reminded the members that the DD committee brought forward a motion to the CSB full board members to support the expansion of the State Rental Assistance Program. Due to time constraints during the last few meetings, the members have not had an opportunity to discuss the motion. The motion is as follows:

• MOTION TO SUPPORT THE EXPANSION OF THE STATE RENTAL ASSISTANCE PROGRAM: The CSB should recommend to the Department of Human Services that they accept the offer from DHBDS for an additional 10 State Rental Assistance Program (SRAP) slots. Arlington should continue to expand inclusive living options for people with DD who do not want to live in the family home or a group home.

BACKGROUND:

The DD Committee at their meeting on 5/9/23, passed a motion to support Arlington's acceptance of the $10 \, \text{SRAP}$ vouchers and to recommend that the CSB support our position that Arlington should continue to expand inclusive living options for people with DD who do not want to live in the family home or a group home.

The DD Medicaid Waivers support people with Developmental Disabilities who wish to live in the community. However, they do not pay for housing. SRAP is a better alternative than the existing Arlington Housing grant program because it covers the cost of utilities and allows for an additional bedroom for a companion or caregiver, if the person needs one. SRAP is essential to support people with DD who wish to live in their own home.

In October 2003, DHS agreed to accept 10 SRAP vouchers. Currently, 9 of the 10 vouchers have allowed people with DD to lease their own apartments and one is currently in the process. At least 5 of the SRAP grants are supporting people at the Cadence apartments and 1 is supporting someone at Gilliam Place. All 10 people receiving or awaiting an SRAP voucher are Arlingtonians.

Some people with SRAP are people on the waiver waiting list. A portion of these folks receive the Building Independence waiver (that has no waiting list) to get the minimal support they need to live independently. Permanent Supported Housing (also locally funded) does not typically accept people with DD living safely in their family homes.

Thanks to support and programming from Our Stomping Ground, at no cost to Arlington County, more people are deciding that living in the community is an exciting and viable option for young adults and older adults who are living with an aging parent.

The DD Committee received public comment on 5/9/23 from a gentleman who is living in his own home and supported by OSG. He advocated that everyone should have the choice to live on their own with support.

Donna Budway, from OSG recently shared her excitement about a conversation with an 80+ year old Arlington parent whose 40+ daughter with a disability is finally ready to move into a community supported by OSG. This parent has not called Jeannie yet to ask for a slot, so will likely have to go on a waiting list.

OSG is supporting a number of young adults as young as 21 who are thriving in their communities.

The members discussed the motion and agreed to reduce the 10 SRAP vouchers to 5 SRAP vouchers and make a determination after the 5 SRAP vouchers are approved.

CSB member, Suzanne Joy, resigned from the Child and Youth Committee. The committee will recruit for new members.

Adjournment

Chair Crawford called for a motion to adjourn the meeting. Ms. Hermann called for a motion to adjourn. Ms. Mitchell seconded the motion and the meeting adjourned at 7:40 p.m.

Respectfully submitted by Kelly Mauller