



The Arlington Community Services Board

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Wendy Crawford
ACCSB Chair

Deborah Warren
DHS Deputy Director/
CSB Executive
Director

THIS IS A HYBRID IN-PERSON/VIRTUAL MEETING

5:30 P.M. – 7:30 P.M. pm – Full Board Meeting
2100 Washington Boulevard
Lower-Level Auditorium
November 15, 2023

DRAFT

CSB Legislative Delegation Forum – 5:30 p.m. – 6:30 p.m.
CSB Regular Business Meeting – 6:30 p.m. – 7:30p.m

Present: Jenette O’Keefe, Daniel Adams, Dori Mitchell, Bertra McGann, Paul Kalchbrenner, Cherie Takemoto, Anne Hermann, Wendy Crawford

Virtual: Joe Klem, Angi Souder, Bob Carolla, D’Roscoe Webster, Ollie Russell (staff)

Absent: Steve Gallagher, Steve Taphorn

Staff: Kelly Mauller, Deborah Warren, Anita Friedman

Guest: Ilana Creinin, County Legislative Liaison to the CSB

Legislators: Senator Favola, Delegate Hope, Legislative Assistant to Senator Ebbin, Matthew Montgomery, Legislative Assistant to Senator Favola, Grayson Lewis, Legislative Assistant to Delegate Lopez, Bryan Esty, and Delegate Elect Adele McClure

Public Comment:

Public comment is encouraged at all Community Services Board meetings. There was no public comment and Ms. Mauller noted that no public comments were submitted through the public website.

Welcome

Chair Crawford welcomed the members and legislators to the meeting and asked for introductions.

LEGISLATIVE DELEGATION FORUM

Ms. McGann and Ms. Takemoto presented the legislative priorities of the Developmental Disabilities (DD) Committee. Following the presentation, a discussion was held.

- Increase number of waivers, 1100 budgeted in 2023, but 15K waitlisted.
- Incentivize workforce development and staff retention - The VACSB is looking at tuition reimbursement schemes for clinicians (social workers, psychiatrists, etc.) We encourage you to consider incentives for personal care, companion care, and other support staff.

- Vote “Aye” on “Income Disregard” legislation, and end policy that penalizes SSI recipients when a parent retires or passes away.

Questions/Responses/Comments

- Comment: The Income Disregard is guided by Federal regulations. A waiver can be obtained from the Federal regulations but the Department of Medical Assistance Services (DMAS) states that the Income Disregard must be applied across every Medicaid recipient.

Mr. Kalchbrenner and Mr. Adams presented the legislative priorities of the Substance Use Disorder (SUD) Committee. Following the presentation, a discussion was held.

- Current Picture Arlington continues to be impacted by the opioid and drug misuse crisis. Recent overdoses of several young people and the fatal overdoses of two high school students have increased efforts to prevent and reverse overdose, especially within Arlington Public Schools.

In terms of overdoses and fatal overdoses the number of fatal overdoses in 2022 was reduced from 28 to 17 – about a 40% decrease from 2021. This is due largely to our staff, volunteers, first responders, and others that have expanded harm reduction efforts in the county. Unfortunately for 2023 it appears we will not see an additional reduction in fatal overdoses due to the continued spread of fentanyl in pressed pills that are very easy to access. Non-fatal overdoses have seen a decrease so far in 2023.

- Funding The SUD Committee would like to thank our Delegation and for their support of programs that ensure Arlington has an “all of the above” approach to addressing SUD and drug misuse. There is always a need for more funding. Arlington continues to have needs across the board in the areas of prevention, harm reduction, treatment, and recovery supports. The SUD Committee would request that the delegation support maximum flexibility in how funds can be spent so that each community and region can address their individual needs whether they be State funds through programs like STEP-VA or federal dollars flowing through the Commonwealth like the State Opioid Response (SOR) program.
- Impact of Opioid Settlement Funds The SUD Committee would like to commend the Virginia Opioid Abatement Authority (OAA), (and the legislation that established it), on getting off to a good start distributing settlement funds to individual localities and regions. Most agree the process has been fair and transparent, and funds can be used for a wide range of activities and projects across the continuum of care. As the OAA enters into Year 2 of distributing funds, we urge the delegation to guard against the idea that other funds could be reduced with the settlement funds coming in. This would not be good policy as the problem continues to worsen and the funding, while helpful, still falls far short of the total needs.
- Harm Reduction This will continue to be an area of emphasis in Arlington. It is unlikely that that the amount of fentanyl coming into the country can be reduced significantly. Arlington County has been focused on Narcan (Naloxone) saturation within the community, and it is saving lives along with education and prevention efforts. This has included having more Narcan in the schools, extensive trainings, and allowing students to carry Narcan with parental consent.
- Additional Treatment Options for Young People This continues to be a significant gap in services in both Arlington and Northern Virginia. The new VHC campus should help address this need, and we are working with the five county Northern Virginia region to fund an inpatient treatment and medical withdrawal facility partly with funding through a regional grant from the OAA.
- Recovery Supportive Housing. While all types of recovery supports are important, the most crucial for many in early recovery is having a safe, affordable, and supportive place to live. The high cost of housing in the region is a significant barrier to the development of recovery residencies. The county and region need more recovery housing certified by the Virginia Association of Recovery Residencies to ensure that

safety and support are a top priority. Existing options mostly include Oxford houses, which are not ideal for many in early recovery.

Questions/Responses/Comments

- Comment: Locality grant funding was utilized to fund an additional position for Office Based Opioid Treatment (OBOT) and to expand the ability to expand Medication Assisted Treatment (MAT) to individuals as young as 16 years of age. Region II applied for a partnership grant and each region agreed to add to that funding over a 5-year period of time. The grant that was submitted was for a medical withdrawal program for adolescents ages 12 through 17 for 90-day substance use treatment.
- Chair Crawford stated that the Child and Youth (CY) Committee affirms the SUD Committees priorities.
- Chair Crawford stated that the ACCSB fully supports the VACSB's priority of changing the language around the restrictions for electronic meeting requirements. Not being able to meet virtually, on a more frequent basis, creates barriers to advocacy, especially for caregivers who cannot always attend in person.
 - Delegate Bennet-Parker is carrying a bill that will make it easier for commissions and volunteer boards to meet virtually on a more frequent basis.
- Ms. Warren stated that Region II is looking at the crisis now model, which shows, per 100 population, how many crisis receiving centers should be available for adults and adolescents, how many crisis stabilization beds should be available, how many psychiatric beds should be available, and mobile crisis teams needed. The region is working with the vendor, Connections Health, based in Arizona. Connections Health will be taking responsibility for the Chantilly Crisis Center in Spring of 2024. Prince William County is currently developing a site in Woodbridge for a crisis receiving center for both adults and adolescents. There is also a plan to develop a site in Loudoun County.
- The members and legislators discussed hiring and retention bonuses, paid internships, and student loan repayments.

Review of CSB Policies and Procedures

- Chair Crawford called for a motion to approve the amendment to policy ACCSB-2 Populations Receiving ACCSB Mental Health, Substance Use Disorder and Developmental Disability Services. Ms. Takemoto motioned to approve the amendment to the policy. Mr. Adams seconded the motion. There was no discussion of the policy. The policy was approved unanimously.
- Chair Crawford called for a motion to approve policy ACCSB 19: Human Rights and Dispute Resolution. A motion was not called to approve the policy, and the members held a robust discussion about the policy. The members agreed to defer approving the motion until the December 20th full board meeting to allow staff to meet with DHS Quality Assurance staff to clarify the Dispute Resolution portion of the policy.

Approval of the October 18, 2023 ACCSB Meeting Minutes

Chair Crawford called for a motion to approve the October 18, 2023 ACCSB Full Board meeting minutes. Mr. Albert motioned to approve the minutes. Ms. Mitchell seconded the motion, and the minutes were approved as amended. The members agreed unanimously.

Chair Report

- Chair Crawford will write a letter, on behalf of the CSB to Arlington's legislators, advocating for increased electronic meeting flexibility.
- Chair Crawford reminded the members about the Holiday Giving Program (formerly Secret Santa Program). Ms. Mauller will send information about how to donate to the program. Gift cards are

distributed to clients engaged in Department of Human Services safety net programs and other programs for low-income residents.

Executive Director Report

- Ms. Warren reported that she attended a Behavioral Health Summit, with the Courts and all the Judges in the State, in Williamsburg on October 31st and November 1st. The Summit was about collaboration between the courts and the Behavioral Health system. A workplan will be developed to strengthen Arlington’s diversion programs for youth going into juvenile detention and also child welfare services.
- The Commissioner of DBHDS, Nelson Smith, invited Ms. Warren to present on a panel, with him, to the Senate Finance Retreat (General Assembly) earlier today. The presentation was around what Arlington is doing locally. Ms. Warren presented about Arlington’s CIC, regional projects, the Chantilly Crisis Center, the development of two crisis centers (Prince William and Loudoun County), the development of a medical withdrawal program for adolescents, and the challenges, successes, and needs.
- Ms. Warren provided an update about staff shortages.
 - Second interviews are being conducted for the Client Services Entry (CSE) Bureau Director
 - Shushan Campbell has been hired as the Emergency Services (ES) Manager
 - Seven vacancies remain in CSE, especially in ES
 - There are a number of vacancies in outpatient services – current caseloads are at approximately 50
 - The ACT Program, formerly known as PACT, has three vacancies
 - Two out of four school mental health therapist positions have been filled, one of which is bilingual
 - The Behavioral Health Medical Director position remains vacant
- The DD Day Support and Employment Program will open in mid-December. An open house will be held on December 7th from 10:00 until 12:00.
- There is a scheduled licensing visit for the new Irving Street Group Home on November 29th. The home is waiting on the permanent Certificate of Occupancy (COO). A program director has been hired to oversee staff. Interviews are being conducted for potential staff members.
- **Statistics about the MOST Program - August 2023**

Total Number of Clients Served:	74	
Referral Source	Count	Percentage
Law Enforcement	19	26%
911/ECC	20	27%
Fire/Medic	1	1%
_988	0	0%
Self	24	32%
Community	3	4%
BH Provider	2	3%
County Agency	1	1%
Shelter	1	1%
Diversion from Arrest or Jailable Offense	Count	Percentage
# and % of Law Enforcement or 911/ECC referral resulting in a MOST intervention that diverted individual from arrest or a jailable offense	10	26%

Metrics	Count	Percentage
# and % of People Served who are referred for further DHS Service	24	32%
# and % of people referred for further DHS service that have a documented follow-up contact	8	33%
Average Response Time (in Minutes)	9.89552238 8	
Total Number of Clients Served:	50	
Referral Source	Count	Percentage
Law Enforcement	18	36%
911/ECC	12	24%
Fire/Medic	3	6%
_988	0	0%
Self	14	28%
Community	0	0%
BH Provider	1	2%
County Agency	0	0%
Shelter	0	0%
Diversion from Arrest or Jailable Offense	Count	Percentage
# and % of Law Enforcement or 911/ECC referral resulting in a MOST intervention that diverted individual from arrest or a jailable offense	4	13%
Metrics	Count	Percentage
# and % of People Served who are referred for further DHS Service	11	22%
# and % of people referred for further DHS service that have a documented follow-up contact	4	36%
Average Response Time (in Minutes)	9.92105263 2	

- From July 31, 2023 – October 31, 2023
 - People seen by the MOST Team = 168
 - Of those, 15 people were diverted from potential criminal charges to include trespassing, assault, larceny and disorderly conduct.
 - 50 people were referred to treatment with DHS; 22 of these had documented follow-up care
 - Average Response Time = 14 minutes

Committee Reports

- Arise and Flourish will present at HB High School tomorrow.

Additional Updates/Information/Announcements

- Chair Crawford thanked Ms. Takemoto for facilitating the October full board meeting in her absence.

Adjournment

Chair Crawford called for a motion to adjourn the meeting. Ms. McGann called for a motion to adjourn. Mr. Kalchbrenner seconded the motion and the meeting adjourned at 7:40 p.m.

Respectfully submitted by Kelly Mauller