



Child and Youth Committee  
Arlington County Community Services Board  
Arlington County Department of Human Services

**AGENDA**

**Wednesday, September 6, 2023**  
**4:30 – 6:00 PM**  
**VIRTUAL MEETING**

<https://securetelehealth.zoom.us/j/88972396435>

Meeting ID: 889 7239 6435

**Welcome/Call to Order:** 4:33pm

**CYCSB Committee:** Asha Patton Smith, Marguerite Tomasek, Wendy Crawford, Noah Mutterperl,

**Guests:** Vicki Lyons, Katie Quinn

**DHS Staff:** Tiffany Mutaku, Deborah Warren, Jamii PremDas, Ciara Wright

**New Business:**

- Welcome
- Introduction and public comment
  - Introductions: If you could be re-incarnated, would you come back as a cat or a dog?
  - Vicki Lyons- Retired Clinical Psychologist in APS. Invited by Wendy Crawford.
  - Katie Quinn- Northern post adoption consortium. We want to be more aware of what is happening with our youth and families and have been attending many committee meetings.
- Approve minutes-April and June
  - Reviewed minutes together.
    - Wendy/Marguerite moved to approve the June 2023 minutes.
    - Wendy/Noah moved to approve the April 2023 minutes.
- Committee Updates and Discussion
  - Membership status
    - Current members: Asha Patton Smith, Wendy Crawford, Marguerite Tomasek and Noah Mutterperl
    - Asha will be rotating off the CSB November 1, 2023 and Wendy will take over that role until we find another chair. Asha will still be present in the sub-committee.
    - Started advertising the sub-committee membership. What can we do to attract more members?

- Membership recruitment
  - There needs to be representation of the clients that are served on this committee. People are welcomed in this meeting without having to be a member of the sub-committee. Quorum is based on the membership, and in-person quorum is required. While the engagement of the community is important, quorum also needs to be maintained which is the balance.
  - Arlington County created an advertisement that is disseminated to community members via email.
  - One avenue may be through the counselors in the high schools to get students and parents that may be interested in the sub-committee.
  - One additional avenue may be through the different partners that we work with in the county that could offer their expertise to this board.
  - NAMI walk on September 23, 2023, where people attending may be interested in participating in the sub-committee.
- Format/length/frequency of meetings
  - Is the cadence of 10 meetings a year good or should every other month be considered? Are the 1<sup>st</sup> Wednesdays of the month still good?
    - Every other month may be too long without talking and there is a lot going on. If the hour and a half is not needed for a particular meeting, then that's fine. Every other month isn't very practical. It is necessary to be reactive and proactive when possible, and a lot can happen in 60 days in the schools. The current cadence is great.
    - There has been growth and improvement in the committee over the years. Jamii provides great leadership and the programs have developed. This committee is focused on what the department is doing with youth versus what the school is doing with the youth. There have been great strides and great programming here with the staff. The current meetings are separated between data meetings and topic meetings which provide structure. 90 minutes is a nice amount of time to learn about everything.
    - The current frequency of 10 meetings a year at 90 minutes a meeting will continue.
    - There are 2 maximum virtual meetings per year (calendar year). There will be 2 meetings in 2023 and 2 in 2024 that will be held virtually. That would be 6 in person attendance meetings per year.
    - Jamii will look at the calendar to determine virtual days.
- Topics

- Think about topics that are of interest this year. Jamii will send out what the topics were last year. Topics will be discussed and determined during next month's meeting.
  - Program Updates
    - School-Based program
      - Focusing on hiring and interviewing candidates. Received over 50 applications and have interviewed 12 people so far. In the process of offering three positions (one applicant is bilingual). The positions will be located in the high school and one position will be shared between two schools. Currently considering the students that are most likely be accessing these services versus the actual number of kids at the school. Services will be adapted to where the greatest need is.
      - This program will provide outpatient services but located in the school. This team will be able to collaborate with school staff and work closely with the school mental health team around referrals and services.
      - The program will not be discontinued when school is out so there will be continuity of services. Whenever the schools (the buildings) are open, staff will be able to access their spaces and see children.
      - The purpose is to break down as many barriers and access to services for children and families and provide the service in the school during the day or after school.
      - These positions were approved for on-going funding, so this position has county support.
      - Jamii will share a presentation with more details about the services.
      - There has been collaboration formed at all levels including the development of the MOU, hiring, ongoing discussions. This will continue to be a collaborative process between the schools and the department.
    - NatCap
      - Served 10-12 youth so far and we are continuing to get referrals. Continuing to make referrals to NatCap as they are received.
      - Offer group, individual and medication assisted therapy (for 16 and older).
      - There is capacity for this program.
      - Residential services are not available to youth in the current NatCap contract.
    - Hiring
      - 3 of the 4 school-based positions for the school-based program are in the process of being offered.
      - New staff tentatively starting October 2, 2023.
      - There is one team that is full and one team that has 3 openings.

- There will be some shifting with the alignment of the CBH teams to manage capacity.
- ICC did not start in July due to competing priorities.
- Dwan Rowe completed the intensive substance use groups in April 2023 .
- There are 3 bilingual therapist positions open.
- There is 1 family support partner position open. This position is open to people that have lived experience with being involved in the system with the hope that they can help current families navigate the system and the barriers/struggles associated with being system-involved. This position requires someone with a GED or High School diploma. This person needs to be certified as a peer specialist, but the agency will help financially support them getting their certification.
- SU Group
  - Beginning mid- September CBH will resume regular substance use group and not the intensive SU group. The regular SU group will be resumed weekly with a monthly parent component.
  - This can be accessed through children’s behavioral health intake.
  - This will be an open group that you can join at any point.
- Budget Discussion
  - Currently assessing gaps in services and thinking about how to shore up the continuum of services at the outpatient level.
  - Will continue this discussion next month.

**Announcements**

**Next Meeting:**

**Wednesday 10/4/23 Time--4:30p-6:00p, HYBRID, 2100 Washington Blvd. Room A**

**Adjourn: 5:58pm**

**DHS Mission:** In solidarity with Black, Indigenous, and People of Color, create equitable access to the resources and opportunities needed for every community member to be healthy, safe, and economically secure.

**DHS Vision:** A just and equitable community that is healthy, safe, and economically secure, and free of systemic racism.

**DHS Values:** Racial Equity, Access, Inclusion, Authenticity, and Accountability