

**The Arlington County Community Services Board
2120 Washington Blvd
Arlington, VA 22204**

**Substance Use Disorder Committee Meeting
Monday, March 27, 2023
6:00 p.m. in Room 112**

Attendees: Paul Kalchbrenner (Chair), Jenette O’Keefe, Daniel Adams, Tico Cole, Adele McClure, Suzanne Somerville

- I. Updates from CSB – Paul
Paul and Daniel presented to board members about SUD priorities. They focused on harm reduction and recovery needs. There was some discussion about the upcoming Board elections as two members are stepping down.
- II. Discussion on school sponsored events – Paul went to each high school’s event re: adolescent substance use. He said that they were done by the SUD Counselors in the schools and had some good information. There is clearly a need for treatment for adolescents. Also there needs to continue to be a focus on prevention, harm reduction, treatment and recovery services
- III. Opioid Abatement Funds Update – Paul discussed the regional plan that is being led by the CSB Execs to address the absence of treatment for adolescents. He stated that the CSB Committee was not consulted and that he believes pursuing recovery housing may be more attainable. He and Daniel went to the Loudon Serenity House which is a Virginia Association of Recovery Residences (VARR) house. Paul speculates that they would be able to start a house for about \$100,000. Discussion on ways to get money including the OAA and grants.
- IV. AARI Updates Suzanne stated that the Naloxone breakaway boxes are in the high schools and they are beginning to put them in middle schools also.

Emily is trying to restructure the committees to have less leadership role and have others take over.
- V. Safe Station – Paul talked about the recent meeting with the participants of SS. The team is looking toward shifting the focus from being access to treatment, to being access to support and

knowledge. This would include having a peer network that could be available as needed to provide support. It also includes a push to get knowledge about tools to the community.

VI. Staff and program updates – Suzanne stated that there have been some staffing changes recently. Both therapists for the Drug Court left the county so another staff has been filling in to provide coverage. These positions have just been hired. We are adding another therapist to the OBOT program as it is full. SU Outpatient is fully staffed.

VII. Adjournment

Opioid Statistics:

Total Opioid Incidents	39		Total Juvenile Opioid Incidents	17	
Total Overdoses	16		Juvenile Overdoses	7	
Total Fatal OD	5		Juvenile Fatal Overdose	1	
Total Narcan Use	14		Juvenile Narcan Use	7	

The next meeting will be a site visit to the Arlington Recovery Center. They will be contacted for best times/days.