## ARLINGTON COUNTY, VIRGINIA

# Proclamation

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### STROKE SMART COUNTY

**WHEREAS**, stroke is the leading cause of long-term disability and puts a tremendous financial burden on individuals, families, as well as society, while one in six people will have a stroke in their lifetime; and

WHEREAS, there are life-saving treatments that must be administered within three to four hours once symptoms begin, and only a very small percentage of patients get to the hospital within the treatment window because the majority of people do not know how to spot a stroke or the importance of calling 911 immediately; and

**WHEREAS,** Arlington County will be encouraged to make Stroke Smart: Spot-a-Stroke, Stop-a-Stroke, Save-a-Life part of their training for all families, employees, students, and volunteers; and

WHEREAS, all Arlington County health and safety-focused entities, such as police, fire, health, medical, social organizations, clinics, public transportation, and education facilities will be urged to participate in improving Arlington County stroke literacy by educating all employees, volunteers, and associated communities; and

**WHEREAS,** Arlington County will create a Stroke Smart Advocacy Group with an ongoing mission to educate those who live, work, pray, and play in the county to recognize the signs and symptoms of a stroke and to know the urgency of calling 911 when they Spot-a-Stroke; and

**WHEREAS**, the Arlington community, including residents, businesses, civic organizations, senior communities, faith-based organizations, will be encouraged to participate and contribute to the Stroke Smart: Spot-a-Stroke, Stop-a-Stroke, Save-a-Life campaign through active citizenship efforts; and

WHEREAS, the goal is to educate everyone in Arlington County about stroke recognition and the importance of dialing 911 immediately, and thereby be a model for other communities, cities, counties, commonwealths, and states as well as the nation, thereby advancing the vision of a Stroke Smart America; and

**NOW, THEREFORE, I,** Katie Cristol, Chair of the County Board of Arlington, Virginia, do hereby proclaim that as of today, May 18, 2022, Arlington County will hereinafter be a

#### STROKE SMART COUNTY

in full support of "Spot-a-Stroke, Stop-a-Stroke, Save-a-Life."

Katie Cristol

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Chair