



## GYMS AND REC CENTERS:

All BHD clients qualify for 75% fee reductions with Parks and Rec, regardless of income. This comes to about \$52.00/year, and applies to membership to the gyms, use of many rec center amenities, and fee reductions for classes, amongst other services. If a client is 55+, this ends up being a free membership. Clients can apply [here](#)\*.

\*Please note that when it asks to select an applicable service, they should select “**DHS Mental/Physical Health Services**”. The form has two pages, and both must be completed in order for it to be submitted. Applicants will receive a receipt number, which is good to retain. Within about a week, they will receive confirmation **via email** that the fee reduction has been applied. If your client does not receive confirmation within that timeframe, please feel free to email [healthylivingprogram@arlingtonva.us](mailto:healthylivingprogram@arlingtonva.us) and include the receipt number. We can support in resolving this. If your client does not have access to email, please use staff email address.\*

DPR reports that memberships to the rec centers can be purchased in person only at this time. See [here](#).

**POOLS:** Arlington Public Schools Aquatic Centers located at the High Schools are open to the public.



**BHD staff** can use [this form](#) to support **BHD clients** in applying for fee reductions with Arlington Public Schools pools. Please note that this form is for use by **BHD staff only** and was created for that purpose. Active BHD clients qualify to receive a 75% fee reduction. Staff do not need to enter income information as listed. **Once this form is completed, please email it to [healthylivingprogram@arlingtonva.us](mailto:healthylivingprogram@arlingtonva.us) for submission.**

After staff have received notice from HLP staff that the fee reduction has been entered, clients will need to set up an account on the following portal to begin scheduling and paying for swim sessions: <https://www.apsva.us/aquatics/signing-up-for-self-service/>

**All Arlington County residents** can use [this form](#) to apply for a fee reduction. *For BHD clients*, please use the form above to ensure 75% fee reduction.