

# 55+ TRAVEL & VIRTUAL PROGRAMS NEWSLETTER

Arlington County, VA

703-228-4748

## 55+ Travel Office

Lubber Run Community Center  
300 N. Park Drive  
Arlington, VA

## 55+ Travel Program Information

703-228-4748  
[AC55plusTravel@arlingtonva.us](mailto:AC55plusTravel@arlingtonva.us)

## 55+ Travel Website

<https://www.arlingtonva.us/Government/Departments/Parks-Recreation/Programs/55-Membership/Seniors-Travel>

### Staff

Sharleka Ashton

55+ Travel Supervisor  
[sashton@arlingtonva.us](mailto:sashton@arlingtonva.us)  
703-228-4713

Sheila Budoff

55+ Travel Program Assistant  
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## TRAVEL AND VIRTUAL PROGRAMS NOTES:

### THERE IS STILL SPACE ON THESE OCTOBER TRIPS:

- *Spirit and Strength: Modern Art from Haiti* at NGA –Tues., Oct. 1
- Waterford Fair – Sat., Oct. 5
- Kennedy Center Building Tour – Mon., Oct. 7
- *Jazz Age Illustration* at Delaware Art Museum – Wed., Oct. 9
- Eastern Market DC – Sat., Oct. 19
- Maryland Live Casino and Arundel Mills Outlets – Tues., Oct. 22
- Michener Art Museum and Mercer Museum Tours – Fri., Oct. 25

**WELCOME TINA AND TOM!** We are delighted to welcome our two new volunteer travel leaders, Tina Asinugo and Tom Curtis, who have joined our team of the BEST travel leaders around!

### VIRTUAL PROGRAM RECORDINGS NEWLY ADDED TO THE 55+ YOUTUBE CHANNEL:

- [Jefferson's Virginia](#)
- [Painting Demonstration](#)

**TRIP REMINDERS:** Trip reminders are emailed about a week to 10 days prior to departure. If you believe you are registered for a trip and have not received an email, please contact Sheila Budoff at [sbudoff@arlingtonva.us](mailto:sbudoff@arlingtonva.us) or 703-228-4718. Individuals who are not registered will not be permitted to board the bus.

### PLEASE SEE PG. 7 FOR INSTRUCTIONS ABOUT PARKING AND PICK-UP AT THOMAS JEFFERSON (TJ) AND GUNSTON.

**VIRTUAL CENTER FOR ACTIVE ADULTS (VCAA):** You are welcome to participate in any VCAA program, not just those provided by Arlington County on Thursdays. To view the schedule of upcoming free virtual programs, visit the VCAA [website](#). To join any VCAA program, use this Zoom link: <https://bit.ly/VCAAzoom2>. To join by phone, call 1-301-715-8592 (Meeting ID: 905 123 5932#; Meeting password: 3636#).

## OCTOBER 55+ VIRTUAL PROGRAMS HIGHLIGHTS

There are many excellent virtual programs coming up in October, but we only have space to highlight a few. Please refer to the 55+ Guide and the calendar (pp. 4-5) for a complete listing.

### Appalachian Trail Stories

Arlington resident Tom Curtis will discuss hiking the Appalachian Trail.

**Tues., Oct. 1, 5:30-6:30 p.m., #911400-34 (Walter Reed); #911400-35 (Virtual)**

### Fortunes in the Attic

Community Arts Programmer Jennifer Droblyen will explain how to identify authentic antiques and how to rule out reproductions.

**Fri., Oct. 4, 9-10 a.m., #911302-06**

### Paris 1874: The Origins of French Impressionism

Explore the origins of French Impressionism with art historian Joan Hart.

**Monet, Pissarro and Sisley: Mon., Oct. 7, 1-2:30 p.m., #911302-08**

**(Aurora Hills), #911302-09 (Virtual)**

**Renoir and Morisot: Mon., Oct. 14, 1-2:30 p.m., #911302-10 (Aurora**

**Hills); #911302-11 (Virtual)**

**Degas and Cassatt: Mon., Oct. 21, 1-2:30 p.m., #911302-12 (Aurora Hills);**

**#911302-13 (Virtual)**

### Secret Lives of Famous Fakers

Delve into the biographies of several well-known forgers, how they created their works and how they were eventually caught with Community Arts Programmer Jennifer Droblyen.

**Thurs., Oct. 17, 9-10 a.m., #911302-14**

### Introduction to Basic Spanish

Lubber Run 55+ Center Director and fluent Spanish speaker Ashley Gomez Figueredo will introduce you to some basic Spanish vocabulary, grammar and conversational phrases.

**Thurs. Oct. 3, 1-2 p.m., #911650-03**

**Thurs., Oct. 17, 1-2 p.m., #911650-04**

**Thurs., Oct. 31, 1-2 p.m., #911650-05**

### Virtual Central and North American Tour

Learn about the history, culture, food, geography, politics, travel destinations and more of various Spanish-speaking countries with Ashley Gomez Figueredo, Lubber Run 55+ Center Director.

**Guatemala: Thurs., October 10, 1-2 p.m., #911400-31**

**Panama: Thurs., October 24, 1-2 p.m., #911400-32**

### Around the World to... Scotland

**11:30 a.m.-12:30 p.m., #911400-36 (Lubber Run); #911400-37 (Virtual)**

## Virtual Art Classes:

### Artist Cookbook

**Thurs., Oct. 3, 9-10 a.m., #911302-04**

### Secrets Revealed

**Mon., Oct. 7, 10:30-11:30 a.m., #911302-02**

### Paint & Sip

**Thurs., Oct. 10, 10-11:30 a.m., #911303-02**

### Painting Demonstration

**Mon., Oct. 21, 10:30 a.m.-12 p.m., #911303-12**

## Discussion Groups/Brain Play:

**Trivia: Thurs., Oct. 3, 11 a.m.-12:30 p.m., #911600-07**

**History Roundtable: Wed., Oct. 9, 11:15 a.m.-12:30 p.m., #911402-05**

**Study of Words: Wed., Oct. 9, 10:30-11:45 a.m., #911402-16 (Lubber Run); #911402-17 (Virtual)**

**History Discussion Group: On hiatus in October.**



## Photo Gallery

### Antietam National Battlefield Tour



### Matisse and Renoir: New Encounters at the Barnes



*Photo credits: Jim Mason*

## UPCOMING OCTOBER 55+ TRIPS

**Tues., Oct. 1 – *Spirit and Strength: Modern Art from Haiti* Exhibit at NGA Washington, DC:** Gain insight into Haiti's significant yet often overlooked role in the culture of the African Diaspora.

**MAD 9:30 a.m., GUN 10:00 a.m., return 3:30 p.m., #902410-01**  
**\$11 Arlington County/ \$13 Out-of-County**

**Sat., Oct. 5 – Waterford Fair**

**Waterford, VA:** Celebrate Virginia's arts, culture and history in the Village of Waterford. Lunch on your own at the fair.

**TJ 9:00 a.m., MAD 9:30 a.m., return 4:00 p.m., #902410-02**  
**\$40 Arlington County/ \$46 Out-of-County**

**Mon., Oct. 7 – Kennedy Center Building Tour**

**Washington, DC:** See exclusive performance venues, reception lounges, special artwork and *Arts and Ideals: President John F. Kennedy* exhibit. Lunch on your own at the Kennedy Center's Café.

**MAD 9:30 a.m., BAR 10:00 a.m., return 4:45 p.m., #902410-03**  
**\$13 Arlington County/ \$15 Out-of-County**

**Wed., Oct. 9 – *Jazz Age Illustration* Exhibit at Delaware Art Museum**

**Wilmington, DE:** View the first major exhibition of the art of popular illustration in the U.S. from 1919 to 1942. Pre-ordered lunch included.

**WR 6:40 a.m., MAD 7:10 a.m., return 6:30 p.m., #902410-04**  
**\$111 Arlington County/ \$128 Out-of-County**

**Fri., Oct. 11 – Kennedy Center Coffee Concert**

**Washington, DC:** Nosedá conducts Strauss' *Ein Heldenleben* and Beethoven's final piano concerto. Return time subject to change.

**MAD 9:30 a.m., GUN 10:00 a.m., return 3:00 p.m., #902410-05**  
**\$33 Arlington County/ \$38 Out-of-County**

**Sat., Oct. 12 – Graves Mountain Apple Harvest Festival**

**Syria, VA:** Apple picking, hayrides, live music, craft vendors and lunch at the Farmhouse Restaurant at Graves Mountain.

**TJ 8:30 a.m., MAD 9:00 a.m., return 6:30 p.m., #902410-06**  
**\$61 Arlington County/ \$70 Out-of-County**

**Mon., Oct. 14 – Western Maryland Scenic Railroad**

**Cumberland, MD:** Experience a heritage railroad ride through the picturesque Allegheny Mountains. Lunch is included in the fee.

**TJ 6:30 a.m., MAD 7:00 a.m., return 7:30 p.m., #902410-07**  
**\$186 Arlington County/ \$214 Out-of-County**

**Wed., Oct. 16 – *Beautiful: The Carole King Musical* at Riverside Center**

**Fredericksburg, VA:** Carole King's journey to achieving her own groundbreaking success and crafting the soundtrack of a generation.

**MAD 9:45 a.m., BAR 10:15 a.m., return 6:15 p.m., #902410-08**  
**\$105 Arlington County/ \$121 Out-of-County**

**Sat., Oct. 19 – Eastern Market DC**

**Washington, DC:** Features fresh local produce, handmade crafts and unique antiques in indoor and outdoor markets.

**MAD 8:00 a.m., TJ 8:30 a.m., return 1:00 p.m., #902410-09**  
**\$11 Arlington County/ \$13 Out-of-County**

**Tues., Oct. 22 – Maryland Live Casino and Arundel Mills Outlets**

**Hanover, MD:** Gaming, live entertainment and diverse dining options at the casino. Shopping deals, dining and entertainment at the outlets.

**MAD 10:30 a.m., GUN 11:00 a.m., return 6:00 p.m., #902410-10**  
**\$13 Arlington County/ \$15 Out-of-County**

**Fri., Oct. 25 – Michener Art Museum and Mercer Museum Tours**

**Doylestown, PA:** Explore major exhibits at two unique museums. Box lunch included in the fee.

**BAR 6:30 a.m., MAD 7:00 a.m., return 9:00 p.m., #902410-11**  
**\$144 Arlington County/ \$166 Out-of-County**

**Sun., Oct. 27 – *Fine Arts and Flowers 2024* at VMFA**

**Richmond, VA:** An exquisite array of floral designs inspired by works from VMFA's permanent collection. Lunch on your own at the museum.

**MAD 7:30 a.m., TJ 8:00 a.m., return 6:00 p.m., #902410-12**  
**\$34 Arlington County/ \$39 Out-of-County**

## THANKS TO OUR WONDERFUL VOLUNTEERS!

### 55+ Travel Advisory Committee:

Mary Bacchus  
Ginger Bevard  
Sidney Bruce  
Dawn Edwards  
Linda Harper  
Cathy Knowles  
Jim Mason  
Judy Metcalf

### 55+ Travel Leaders:

Tina Asinugo  
Bobbi Curry  
Tom Curtis  
Pamela Daragan  
June Gallagher  
Mort Glassberg  
Linda Harper  
Kathleen Harrison  
Carole Lieber  
Sandra MacPherson  
Jim Mason  
Mary Jane Nelson  
Annmarie Pittman  
Randolph Randall  
Benjamin Scott  
Sharon Sellers  
David Young

## YOU ARE THE BEST!!!!

**Wed., Oct. 30 – *President Lincoln's Cottage***

**Washington, DC:** A docent-led tour of the historic house museum. Lunch on own in Brookland area.

**MAD 8:30 a.m., TJ 9:00 a.m., return 3:00 p.m., #902410-13**

**\$26 Arlington County/ \$30 Out-of-County**

**Thurs., Oct. 31 – *Hollywood Cemetery Tour***

**Richmond, VA:** Guided tour of cemetery's history and landscape. Lunch on own in Carytown.

**MAD 9:30 a.m., BAR 10:00 a.m., return 8:30 p.m., #902410-14**  
**\$17 Arlington County/ \$20 Out-of-County**

## SUBSCRIBE TO THE 55+ ENEWS!

Keep up to date on 55+ programs and trips by subscribing to the 55+ eNews. The 55+ eNewsletter is emailed to subscribers once a month with highlights of upcoming programs and helpful information. Also, the 55+ Guide is emailed to subscribers in an eNewsletter. Sign up by entering your email address on the [55+ Website](#) (look for the 55+ eNews subscribe box on the lower right).

MONDAY	TUESDAY	WEDNESDAY
	<p style="text-align: right;">1</p> <p><b>Trip: Spirt &amp; Strength: Modern Art from Haiti at NGA**</b> MAD 9:30 a.m., GUN 10:00 a.m., Return 3:30 p.m.</p> <p><b>Appalachian Trail Stories*++++</b> 5:30-6:30 p.m. Virtual/Hybrid</p>	<p style="text-align: right;">2</p>
<p style="text-align: right;">7</p> <p><b>Trip: Kennedy Center Bldg. Tour**^</b> MAD 9:30 a.m., BAR 10:00 a.m. Return 4:45 p.m.</p> <p><b>Secrets Revealed*</b> 10:30-11:30 a.m. Virtual</p> <p><b>Paris 1874: Origins of French Impressionism***</b> 1-2:30 p.m. Virtual/Hybrid</p>	<p style="text-align: right;">8</p> <p><b>Rock Music Legends: Creedence Clearwater Revival***</b> 1:30-2:45 p.m. Virtual/Hybrid</p>	<p style="text-align: right;">9</p> <p><b>Trip: Jazz Age Illustration Exhibit**</b> WR 6:40 a.m., MAD 7:10 a.m. Return 6:30 p.m.</p> <p><b>History Roundtable*</b> 11:15 a.m.-12:30 p.m. Virtual</p> <p><b>Study of Words**</b> 10:30 a.m.-11:45 a.m. Virtual/Hybrid</p>
<p style="text-align: right;">14</p> <p><b>Trip: Western Maryland Scenic Railroad**^</b> TJ 6:30 a.m., MAD 7:00 a.m. Return 7:30 p.m.</p> <p><b>Paris 1874: Origins of French Impressionism***</b> 1-2:30 p.m. Virtual/Hybrid</p>	<p style="text-align: right;">15</p>	<p style="text-align: right;">16</p> <p><b>Trip: Beautiful: The Carole King Musical at Riverside Center**^</b> MAD 9:45 a.m., BAR 10:15 a.m. Return 6:15 p.m.</p> <p><b>Understanding Probate*</b> 11 a.m.-12 p.m. Virtual</p>
<p style="text-align: right;">21</p> <p><b>Paris 1874: Origins of French Impressionism***</b> 1-2:30 p.m. Virtual/Hybrid</p> <p><b>Painting Demonstration*</b> 10:30 a.m.-12 p.m. Virtual</p>	<p style="text-align: right;">22</p> <p><b>Trip: Maryland Live Casino and Arundel Mills Outlets**^</b> MAD 10:30 a.m., GUN 11:00 a.m., Return 6:00 p.m.</p> <p><b>It Takes a Village - In Arlington**+</b> 11:30 a.m.-12:30 p.m. Virtual/Hybrid</p>	<p style="text-align: right;">23</p>
<p style="text-align: right;">28</p>	<p style="text-align: right;">29</p>	<p style="text-align: right;">30</p> <p><b>Trip: President Lincoln's Cottage**^</b> MAD 8:30 a.m., TJ 9:00 a.m., Return 3:00 p.m.</p>

## Weather Watch:

- Trips with an umbrella symbol in the 55+ Guide are rain or shine.
- Otherwise, if your trip is cancelled due to inclement weather, you will receive a phone call and/or an email to let you know.
- You can also call the Inclement Weather Hotline at 703-228-4715 or go online to [arlingtonva.us/Inclement\\_Weather](http://arlingtonva.us/Inclement_Weather).

THURSDAY	FRIDAY
3	4
<b>Introduction to Basic Spanish*</b> 1-2 p.m. Virtual, VCAA  <b>Artist Cookbook*</b> 9-10 a.m. Virtual, VCAA  <b>Trivia*</b> 11 a.m.-12:30 p.m. Virtual, VCAA	<b>German Conversation*</b> 10 a.m.-12 p.m. Virtual  <b>Fortunes in the Attic*</b> 9-10 a.m. Virtual
10	11
<b>Virtual Central and North American Tour: Guatemala*</b> 1-2 p.m. Virtual, VCAA  <b>Paint &amp; Sip*</b> 10-11:30 a.m. Virtual, VCAA	<b>Kennedy Center Coffee Concert*^</b> MAD 9:30 a.m., GUN 10:00 a.m. Return 3:00 p.m.  <b>German Conversation*</b> 10 a.m.-12 p.m. Virtual
17	18
<b>Introduction to Basic Spanish*</b> 1-2 p.m. Virtual, VCAA  <b>Secret Lives of Famous Fakers*</b> 9-10 a.m. Virtual, VCAA	<b>German Conversation*</b> 10 a.m.-12 p.m. Virtual
24	25
<b>Virtual Central and North American Tour: Panama*</b> 1-2 p.m. Virtual, VCAA  <b>Around the World to...Scotland*+</b> 11:30 a.m.-12:30 p.m. Virtual/Hybrid, VCAA	<b>Trip: Michener Art Museum and Mercer Museum Tours*^</b> BAR 6:30 a.m., MAD 7:00 a.m., Return 9:00 p.m.  <b>German Conversation*</b> 10 a.m.-12 p.m. Virtual
31	
<b>Trip: Hollywood Cemetery Tour*^</b> MAD 9:30 a.m., BAR 10:00 a.m., Return 8:30 p.m.  <b>Introduction to Basic Spanish*</b> 1-2 p.m. Virtual, VCAA	

## TRAVEL & VIRTUAL PROGRAM CALENDAR OCTOBER 2024

### Key:

^ = fee required

\* = registration required

+ Hybrid; virtual and at Lubber Run

++ Hybrid; virtual and at Aurora Hills

+++ Hybrid; virtual and at Arlington Mill

++++ Hybrid; virtual and at Walter Reed

VCAA=Virtual Center for Active Adults

### Weekend Programming:

**Trip: Sat., Oct. 5 – Waterford Fair\*^**  
TJ 9:00 a.m., MAD 9:30 a.m.,  
Return 4:00 p.m.

**Trip: Sat., Oct. 12 – Graves Mountain Apple Harvest Festival\*^**  
TJ 8:30 a.m., MAD 9:00 a.m.,  
Return 6:30 p.m.

**Trip: Sat., Oct. 19 – Eastern Market DC\*^**  
MAD 8:00 a.m., TJ 8:30 a.m.,  
Return 1:00 p.m.

**Trip: Sun., Oct. 27 – Fine Arts and Flowers 2024 at VMFA\*^**  
MAD 7:30 a.m., TJ 8:00 a.m.,  
Return 6:00 p.m.

## LOOKING FOR A LINK?

If you registered for a virtual program but haven't received a Zoom meeting link, here's what you can do:

- If the program is a discussion group or other program that meets regularly and you know who the programming staff member is, contact the staff member to request the link.
- If you don't know who the programming staff member is, contact Sheila Budoff at [sbudoff@arlingtonva.us](mailto:sbudoff@arlingtonva.us) to request the link.

**PLEASE NOTE:** Zoom links typically are emailed about two days before the program. This is because registration for virtual programs closes 48 hours in advance. For last-minute registration, call the Registration Office at 703-228-4747 and ask them to notify the programming staff member so they can send you the link.

**NEED TO CANCEL A TRIP?** Please call the 55+ Travel Office at 703-228-4748.

**PICK-UP LOCATION:** Check the bottom of your registration receipt (under "Special Questions") to confirm your bus pick-up location. "Class Location" at the top is not necessarily where you will be picked up.

### REFUND POLICY FOR TRIPS:

- No refunds are granted for any trips that require meal reservations, tickets or chartered transportation unless staff is able to sell your reserved space.
- No refunds within 48 hours of trip departure time.
- Call Administrative Services at 703-228-4747 for refund requests.

## FIND VIRTUAL PROGRAMS ON ARLINGTON'S 55+ YOUTUBE CHANNEL

If you missed a virtual program, you may be able to view it on Arlington County's 55+ YouTube channel:

<https://www.youtube.com/channel/UC8iQ7UX39JcIKJZ3TEMb3cg>.

Each month we record several selected programs and post them on the YouTube channel. Subscribe to the channel and watch past sessions of the *55+ Live!* Talk Show, exercise videos, history and other educational programs.

### Recently added:

- [Jefferson's Virginia](#)
- [Painting Demonstration](#)



# Travel things to know

The 55+ Travel Program is committed to providing safe charter bus rides for our travelers, even in these unprecedented times. To ensure participants' safety as much as possible aboard charter buses, several Covid-19 guidelines were put into place in March 2022 when 55+ Travel resumed. As Covid-19 indicators improved, those guidelines were modified accordingly, keeping in mind that older adults are more vulnerable to serious illness from Covid.

On May 11, the federal Covid-19 public health emergency declaration officially ended for the U.S. And on May 5, the World Health Organization declared an end to the Covid-19 public health emergency globally. In light of these announcements, Arlington County 55+ Travel is updating its policy regarding face coverings on 55+ Trips. Effective immediately, face coverings will be strongly recommended, but not required, on the bus. As before, if the trip venue (museum, theater, etc.) requires masks to be worn, travelers must comply with that requirement. Although the public emergency declaration has concluded, people are still contracting Covid-19 with the potential of serious consequences for adults 55 and over. You are therefore encouraged to be courteous to your fellow travelers and wear a mask covering your nose and mouth when boarding, riding and exiting the bus.

## The following requirements continue to remain in effect:

1. If you are sick with or have tested positive for Covid-19, please stay home for at least ten (10) days, isolate from others and do not travel.

If this means you will have to miss a 55+ trip you registered for, you may obtain a credit for the trip fee. Please email a photo of your positive Covid test or a note from your doctor to Sheila Budoff at [sbudoff@arlingtonva.us](mailto:sbudoff@arlingtonva.us) to request a credit.

2. If you were exposed to or cared for someone with Covid-19 within the past ten (10) days, please get tested and do not travel unless you are able to wear a face mask for the duration of the trip, not just the bus ride.

Thank you in advance for your cooperation.

### IMPORTANT TRAVEL INFORMATION:

- You must have a valid 55+ Pass, except for first-time guests.
- Bus leaves promptly at the specified time from each pick-up site. Arrive at least 15 minutes prior to bus departure. Upon arrival, check in with volunteer travel leader.
- Please note: The first bus departure will be the last drop-off on the return. Return times are estimated.
- Meals: When a meal choice is advertised, indicate your choice when you register. A dollar sign means the lunch is on your own and a plate symbol means the meal is included in the stated price.
- Parking: At **Barcroft**, parking is in the garage and pick-up is in the front of the center. At **Madison**, parking is in the regular lots and pick-up is in front of the center. At **Gunston**, parking and pick-up are in the lower parking lot down the hill from the entrance to the school and just north of the tennis courts and soccer fields. At **TJ**, parking and pick-up are in the parking lot to the right of the tennis courts, NOT in front of the community center.

# HOW TO REGISTER

## ONLINE ► [registration.arlingtonva.us](http://registration.arlingtonva.us)

Online registration is available 24/7 (after registration opens) through our WebTrac system.

### Connect through the digital 55+ Guide:

You can link directly to the online registration system when viewing the digital 55+ Guide. After registration has opened (see dates on calendar), click on the [blue registration number](#) for the program that you are interested in - and a page will open in your Internet browser where you can review the class and register.

## PHONE ► 703-228-4747

Call us to register: Monday - Friday, 8 a.m. --5 p.m.

## 55+ CENTERS

<b>AM</b>	<b>Arlington Mill</b> 909 S. Dinwiddle St., 22204 703-228-7369
<b>AH</b>	<b>Aurora Hills</b> 735 S. 18th Street., 22202 703-228-5722
<b>LB</b>	<b>Langston-Brown</b> 2121 N. Culpeper St., 22207 703-228-6300
<b>LUBR</b>	<b>Lubber Run</b> 300 N Park Dr., 22203 703-228-4767
<b>WR</b>	<b>Walter Reed</b> 2909 S. 16th St., 22204 703-228-0955

## ACTIVITY / PICK-UP SITES

<b>BAR</b>	<b>Barcroft</b> 4200 S. Four Mile Run Dr., 22204 703-228-0701
<b>FAIR</b>	<b>Fairlington</b> 3308 S. Stafford St., 22206 703-228-6588
<b>GUN</b>	<b>Gunston</b> 2700 S. Lang St., 22206 703-228-6980
<b>LONB</b>	<b>Long Bridge Aquatics &amp; Fitness Center</b> 333 Long Bridge Dr., 22202 703-228-3338
<b>MAD</b>	<b>Madison</b> 3829 N. Stafford St., 22207 703-228-5310
<b>TJ</b>	<b>Thomas Jefferson</b> 3501 S. Second St., 22204 703-228-5920

- 1 Go online to [registration.arlingtonva.us](http://registration.arlingtonva.us)
- 2 Enter your *Login ID* and *Password*.
  - A new page will appear after you login.
  - If this is your first time or you do not know your ID/password, call 703-228-4747.
- 3 Click on *"55 Plus"*, then click *"Register for Classes."*
- 4 Find the classes you are interested in - then click on the *green + sign* next to each class.
  - Your selections will appear in a green bar at the bottom of the page.
- 5 After selecting classes, click *"Add to Cart"* in the green bar at the bottom of the page. A new page will appear showing all the items in your cart.
  - For each class, select the person who you are registering.
- 6 Choose *"Continue Shopping"* or *"Checkout."*
  - Note: YOU MUST CHECKOUT in order to complete the registration process -- even when you register for free classes and owe nothing.

