

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| Labor Day 55+ Centers Closed | ² 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 12-3pm Play Pickleball GYM 5-8:45pm Play Pickleball GYM | ³ 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM 10:30am-1pm 55+ Crafters RM404 2-5pm Train Dominoes RM205 5-7pm American Mah Jongg RM205 6-7pm Get to Know 55+ Programs* RM527 | ⁴ 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 12-2pm Mah Jongg RM205 12-3pm Play Pickleball GYM 1-2:15pm Line Dance RM421 2-4pm American Mah Jongg RM205 | ⁵ 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM 1-2pm 70th Celebration Retro Fun and Games Social* RM132 |
| ⁸ 8am-12pm Social 60+ Café+* RM527 10am-3pm Play Pickleball GYM 10-11:15am Line Dance RM421 10am-12pm Open Game Time RM205 11am-12pm Spanish Convo RM404 12-2pm Chinese Mah Jongg RM205 1-2pm Advisory Meeting RMTBD 3-4pm Gentle Hatha Yoga** RM527 5-6:15pm Hatha Yoga Basics** RM527 | ⁹ 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 10:30-11:30am SAIL Exercise* GYM 12-3pm Play Pickleball GYM 1-2pm Healthy Feet* RM527 5-6pm Zumba Gold** RM527 5-8:45pm Play Pickleball GYM | ¹⁰ 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM 10:30am-1pm 55+ Crafters RM404 2-5pm Train Dominoes RM205 4-5pm Meet an Owl* RM205 5-7pm American Mah Jongg RM205 6-7pm Socializing as You Age* RM527 | ¹¹ 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 10:30-11:30am SAIL Exercise* GYM 12-2pm Mah Jongg RM205 12-3pm Play Pickleball GYM 1-2:15pm Line Dance RM421 2-4pm American Mah Jongg RM205 | ¹² 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM 12-1pm Pickleball for Beginners** GYM 1-2pm Pickleball II** GYM 2-3pm Pickleball III** GYM |
| ¹⁵ 8am-12pm Social 60+ Café+* RM527 10am-3pm Play Pickleball GYM 10-11:15am Line Dance RM421 10am-12pm Open Game Time RM205 11am-12pm Spanish Convo RM404 12-2pm Chinese Mah Jongg RM205 2-3:30pm Beginner Quilling** RM404 3-4pm Gentle Hatha Yoga** RM527 5-6:15pm Hatha Yoga Basics** RM527 | ¹⁶ 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 10:30-11:30am SAIL Exercise* GYM 12-3pm Play Pickleball GYM 1-2pm Humor & Your Health* RM527 5-6pm Zumba Gold** RM527 5-8:45pm Play Pickleball GYM | Employee Safety Day 55+ Programs & Social 60+ Café Canceled | ¹⁷ 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 10:30-11:30am SAIL Exercise* GYM 12-2pm Mah Jongg RM205 12-3pm Biking for Beginners* GYM 12-3pm Play Pickleball GYM 1-2:15pm Line Dance RM421 2-4pm American Mah Jongg RM205 | ¹⁸ 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM 12-1pm Pickleball for Beginners** GYM 1-2pm Pickleball II** GYM 2-3pm Pickleball III** GYM 4-7pm NVSO Crossword* RM527 |
| ²² 8am-12pm Social 60+ Café+* RM527 10am-3pm Play Pickleball GYM 10-11:15am Line Dance RM421 10am-12pm Open Game Time RM205 11am-12pm Spanish Convo RM404 12-2pm Learn Chinese Mah Jongg* RM205 2-3:30pm Beginner Quilling** RM404 3-4pm Gentle Hatha Yoga** RM527 5-6:15pm Hatha Yoga Basics** RM527 | ²³ 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 10:30-11:30am SAIL Exercise* GYM 12-3pm Play Pickleball GYM 1-2:30pm Bees Unveiled* RM527 5-6pm Zumba Gold** RM527 5-8:45pm Play Pickleball GYM | ²⁴ 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-12pm Play Pickleball GYM 10:30am-1pm 55+ Crafters RM404 2-5pm Train Dominoes RM205 5-7pm American Mah Jongg RM205 5:30-6:30pm Eight-Week Walking Challenge Kick-Off* PLAZA LEVEL | ²⁵ 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 10:30-11:30am SAIL Exercise* GYM 12-2pm Learn Chinese Mah Jongg* RM205 12-3pm Play Pickleball GYM 1-2:15pm Line Dance RM421 2-4pm American Mah Jongg RM205 2:30-5pm Tacos for Teens* RM132 | ²⁶ 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM 12-1pm Pickleball for Beginners** GYM 1-2pm Pickleball II** GYM 2-3pm Pickleball III** GYM |
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Arlington Mill 55+ Center Calendar

September 2024

909 S. Dinwiddie St.,
Arlington, VA 22204
703-228-7369

Key

* = registration required

^ = fee required

† = Social 60+ Café
Bold = speakers/special events/etc.

Check out the [weekly schedule](#) for Arlington Mill Community Center's gymnasium (updated as changes occur).

Credit and debit card payments made through the Arlington County Department of Parks and Recreation [registration system](#) include a convenience fee of up to 3% paid directly to the credit card processor. Arlington County does not receive any portion of the fee.