

Four Mile Run Restoration Project Update

July, 2016

What is the restoration project?

Did you know there was a restoration project underway for lower Four Mile Run? Arlington County and the City of Alexandria have been working with a citizen task force for several years to plan the project. The Four Mile Run Restoration Master Plan was adopted in 2006 and Design Guidelines in 2008.

There are two sites where work will be completed. Site 2 is the Arlington side of the stream, from Mt. Vernon Bridge to Rt. 1. Site 3 is the wetland area on the Alexandria side.



Site 2 Overview

Site 2 is the Arlington side of the stream, extending from the Mt. Vernon Bridge to Rt. 1. The work in this area will include removing the large stones (rip-rap) along the stream bank, terracing the banks, and replanting with native plants. Structures known as “living shorelines,” which are small breakwaters made of stone with wetland plants behind them, will be installed along the bottom of the stream bank. A viewing platform will be constructed along the stream bank as well. The native plants will include pickerelweed, arrow alum, three-square, bee balm, common rush, black-eyed susan, mountain mint, goldenrod, and more.

Project Schedule:

Sites 2

Construction bid:
Summer, 2016

Construction start:
Fall, 2016

Construction end/
planting:
Fall, 2017

Site 3

Completed
Spring, 2016



Living Shoreline

Follow the Four Mile Run Project Online! Construction Updates: <https://4milerun.wordpress.com/>
Full Project Website: <http://novaregion.org/> and search “Four Mile Run”

Construction Impacts

Construction on Site 2 on the Arlington side of the stream is expected to begin in October, 2016.

Four Mile Run Trail Detour

The Four Mile Run trail on the Arlington side of the stream will be closed south of Mt. Vernon Avenue during construction, and a detour will be in place on the Alexandria trail. The County will add jersey barriers along the side of the Mt. Vernon bridge to provide a safe space for people crossing the bridge. The Alexandria trail was recently re-paved and is lighted along its length.

The trail on the Arlington side will be upgraded to meet current trail standards and re-paved after the stream construction project.

Site 3 Overview

Construction on Site 3, the wetland area on the Alexandria side of the stream, was completed in Spring, 2016. The area was graded, invasive plants removed, native plants planted, and a new pervious trail was constructed. The plants include yellow pond-lily, annual wild rice, arrow allum, rose mallow, square-stemmed monkey flower, blueflag iris, river bulrush, and more.

Questions? Contact Aileen at awinquist@arlingtonva.us



Pickerelweed



Three-square



Rope Mallow



Monkey Flower



Arrow Arum



Actualización sobre el proyecto de restauración de Four Mile Run

July, 2016

¿Qué es el proyecto de restauración?

¿Usted sabía que había un proyecto de restauración en curso para la parte baja de Four Mile Run? El Condado de Arlington y la Ciudad de Alexandria han estado trabajando con un grupo de acción de ciudadanos durante varios años para planificar el proyecto. El Plan Maestro de Restauración de Four Mile Run fue aprobado en 2006 y las Directrices de Diseño en 2008.

Hay dos sitios donde se realizarán trabajos. El Sitio 2 es la parte de Arlington del arroyo, desde el Puente Mt. Vernon a Rt. 1. El Sitio 3 es un área de humedales en la parte de Alexandria.



Resumen del Sitio 2

El Sitio 2 es la parte de Arlington del arroyo, y se extiende desde el Puente Mt. Vernon a Rt. 1. El trabajo en esta área incluirá remover las piedras grandes (escollera) sobre la orilla del arroyo, terraplenar las orillas, y replantar con plantas nativas. En el fondo de la orilla del arroyo, se colocarán "litorales vivos", que son pequeños rompeolas hechos con piedras con plantas de humedales detrás de ellos. También se construirá una plataforma panorámica sobre la orilla del arroyo. Las plantas nativas incluirán pontederia cordata, allium flecha,

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tres cuadrados, bergamota, junco de laguna, rudbeckia bicolor, menta de montaña, plumero amarillo, y más.

Construcción

Se prevé que la construcción en el Sitio 2 de la parte de Arlington del arroyo comenzará en octubre de 2016. La bicienda de la parte de Arlington se renovará (para cumplir con las normas actuales sobre sendas) y repavimentará después del proyecto de construcción del arroyo.

Desvío de la bicienda

La senda de Arlington estará cerrada al sur de Mt. Vernon Avenue durante la construcción, y se implementará un desvío en la bicienda de Alexandria. El Condado agregará vallas de contención sobre la parte del puente Mt. Vernon para proporcionar una barrera de seguridad para los ciclistas que cruzan el puente. La bicienda de Alexandria se repavimentó recientemente y la senda está iluminada.

Resumen del Sitio 3

La construcción en el Sitio 3, el área de humedales sobre la parte de Alexandria del arroyo, está finalizada. El área fue explanada, se sacaron las plantas invasivas, se plantaron plantas nativas, y se construyó un nuevo sendero de hormigón permeable. Las plantas incluyen nuphar lutea, cizana acuática, allium flecha, malva rosa, flor de mono con tallo cuadrado, iris versicolor, bolboschoenus fluviatilis, y más.

¿Preguntas? Comuníquese con Aileen a

awinquist@arlingtonva.us



Pickerelweed



Three-square



Rope Mallow



Monkey Flower



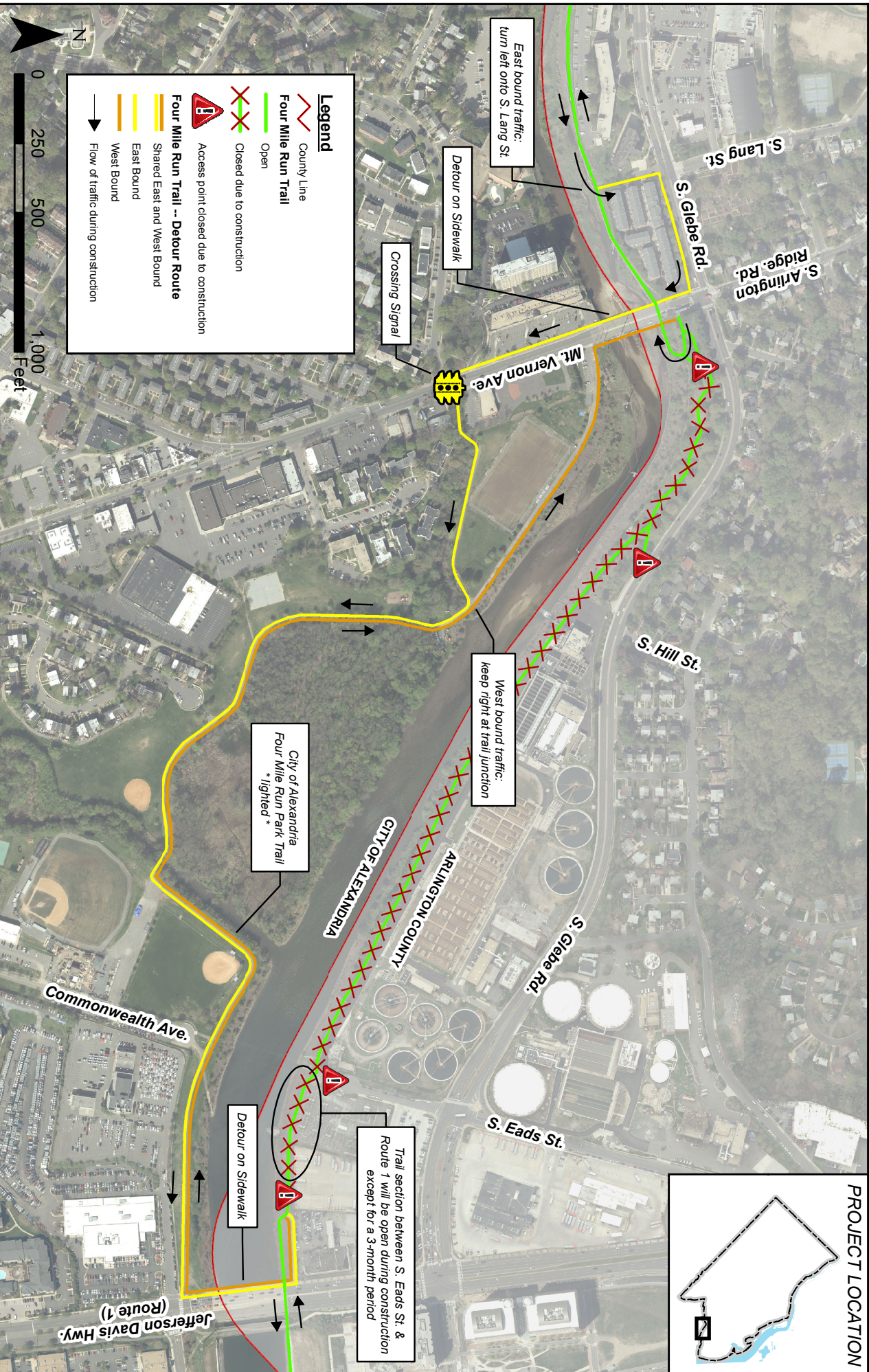
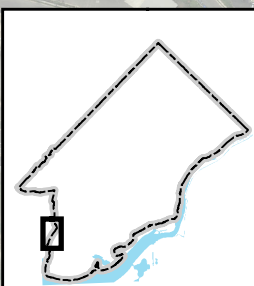
Arrow Arum

TRANSPORTATION

Four Mile Run Trail -- Construction Detour Plan

Between S. Arlington Ridge Rd. & Jefferson Davis Hwy. (Route 1)

PROJECT LOCATION



Legend

- County Line
- Four Mile Run Trail
- Open
- Closed due to construction
- Access point closed due to construction
- Four Mile Run Trail -- Detour Route
- Shared East and West Bound
- East Bound
- West Bound
- Flow of traffic during construction



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Trail section between S. Eads St. & Route 1 will be open during construction except for a 3-month period

City of Alexandria
Four Mile Run Park Trail
lighted

West bound traffic:
keep right at trail junction

East bound traffic:
turn left onto S. Lang St.

Detour on Sidewalk

Crossing Signal

Detour on Sidewalk

Jefferson Davis Hwy.
(Route 1)

Commonwealth Ave.

CITY OF ALEXANDRIA

ARLINGTON COUNTY

S. Eads St.

S. Glebe Rd.

S. Hill St.

S. Glebe Rd.

S. Arlington Ridge Rd.

S. Lang St.

Mt. Vernon Ave.