



ARLINGTON COMMISSION ON LONG-TERM CARE RESIDENCES
c/o Agency on Aging, DHS
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MEETING SUMMARY
March 12, 2014

Approved on April 9, 2014

PRESENT: Thomas Fonseca, Cynthia Schneider, Joe Briglia, Stephen Carfora, Kristi Dudash, Sara Greenberg, Claire Jacobsen, Steve Jennings, Elizabeth Margetta, Joy Nathan, Lynne Pilot, Lynwood Sinnamon, Leslie Walsh

ABSENT: Alice Paxton*, Gene Robinson*, Genevieve Timpane* *Excused

STAFF: Glenda Blake, Maimoona Bah-Duckenfield, Meredith Eisenhart, Reginald Lawson, Susan Lane

I. Call to Order: 6:30 p.m. Welcomed the new member, Joy Nathan.

II. Commission Advisory Handbook Slideshow Presentation – Libby Garvey, County Board Member

- The handbook was last updated in 1997. Thought is being given to which of the many advisory bodies can be combined for efficiency.
- The "Framework for Civic Relationships" was reviewed. Expectations of the County Board, advisory groups, and staff liaisons were reviewed. Further comments can be sent to Mr. Fonseca for forwarding to Ms. Garvey.
- The next step involves CLTCR's review of charter format to ensure it is in the new format.
- Discussion items included:
 - Asked if something can be done to lower the number of plenary meetings required each year and to change the requirement to allow more electronic meeting attendance to make it easier for people to participate.
 - Discussed the pros and cons of combining the Commission on Long-Term Care Residences and the Commission on Aging.
 - Need more clarification on the Conflict of Interest policy.
 - External communication needs to be vetted with the County Board liaison to ensure it is in alignment with County policy. Clarification will be forthcoming on social media.
 - Ms. Garvey will get clarification on FOIA requirements regarding what must be kept for how long, e.g. notes.
 - The County Board contacts applicants who are appointed to the Commission, but those who are not appointed seem not to get any notification. Clarification is forthcoming on if this is the responsibility of the County Board or the Commission.
 - Ways an advisory body can influence outcomes when it has no authority to enforce change.

III. Minutes Approval – January 2014 minutes were approved with no changes.

IV. Chair's Update

- The Commission is adding more about aging in place to its outreach presentation, as groups want to hear about both the options of aging in place and in facilities. Looking for other organizations to contact for presentations.

- People are shocked to hear of the poor ratings of many of the 13 facilities in Arlington. The Commission wants to ensure that the County Board and the public are aware of this.

V. Staff Reports

- A. EMS (Anne Marsh): None.
- B. LTC Ombudsman (Elizabeth Margetta): Reviewed the January and February complaints logs. Discussed trends they are seeing. Preparing for their volunteer training this month.
- C. APS (Reginald Lawson): No new valid reports in February.
- D. ADSD (Maimoona Bah-Duckenfield): The Commission on Aging Public Hearing is March 17 at 9:00 a.m. in the auditorium at DHS. The Joint Commission meeting is in the auditorium at DHS on March 27 at 6:30 p.m. It is a chance to meet CoA members and discuss ways to work together. A good way to further community outreach efforts is to get items into the 55+ Guide to reach senior centers. The National Consumer Voice for Quality Long-Term Care has a call to action to push for staffing standards in nursing homes. Virginia does not have minimum requirements. It has been shown that low staffing leads to adverse events in facilities. Distributed a notice from Arlington Police on current scams.

VI. Announcements

- Ms. Walsh asked if someone can attend the Steering Committee meeting in her place on 3/21.

VII. Brief Check-In - Committees

- A. Outreach Committee (Steve Jennings): Letters have been sent to Arlington facilities requesting nominations for outstanding staff to be honored by the County Board. Only Culpepper Garden has sent nominations thus far. Nominations are due by May 1. Ms. Eisenhart has the packages.
- B. Standards Committee (Cyndy Schneider): Report will be given at the next meeting.

VII. Adjourn: 8:30 p.m.