



MEETING SUMMARY
May 13, 2015

- PRESENT:** Cyndy Schneider, Joy Nathan, Stephen Carfora, Claire Jacobsen, Alice Paxton, Hale Montgomery, Judith Villasenor, Susan Xu, Nels Andersen (CoA Ex Officio), Steven Jennings, Lynwood Sinnamon, and Nicole Fullerton (Ombudsman Ex-Officio)
- ABSENT:** Joseph Briglia* *Excused
- STAFF:** Maimoona Bah-Duckenfield, Meredith Eisenhart, Aaron Kocian
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I. Call to Order 6:35 p.m.

Ms. Schneider welcomed and introduced speakers

II. Presentation: Arlington Fire Department – Kate Keller, Assistant Medical Director and Captain Anne Marsh with Arlington County Fire Department. Both presented a PowerPoint presentation on the process and purpose of the response to 911 calls to Arlington’s long term care communities. Explained the calls are connected to the dispatch center, and the center goes through a scripted process to determine resources needed including personnel and equipment. Data was reported from May 1, 2014 to May 1, 2015 on Cherrydale, Manor Care (primary response unit is now Fairfax), Regency Care formally Potomac Genesis Center, Sunrise of Arlington, Mary Marshall, Culpepper Garden Independent and Assisted Living and the Jefferson. The biggest category for calls is related to falls. This is a trend for assisted and independent living communities. The goal is to see if communities have robust fall prevention programs. After a fall, communities are required to have a resident evaluated by a nurse or EMS however, they are not required to go the hospital in Assisted Living. The Fire Department is focused on outreach to facilities. They have conducted staff trainings and are looking to be invited to resident councils to disseminate information about safety. Most communities have been responsive and cooperative to their outreach efforts. Outreach outcomes have resulted in communities having a better understanding about how to be prepared when EMS arrives. EMS staff have learned and improved as well. They have developed a transfer of care sheet that is standard which asks for information required by EMS.

A future plan is to work on having a non-emergent unit that would not be a lights and sirens unit. And to launch a “make the right call” campaign to educate about when to call 911 and when not to as well as knowing the essential information to provide when calling 911 such as location/address.

III. Minutes Approval

Minutes were approved with minor changes to the Sunrise of Bluemont liaison report.

IV. Staff Reports

A. Long-term Care Ombudsman (Nicole Fullerton) – the program is now recruiting for September’s volunteer training and distributed handouts for posting. Arlington needs 4-5 volunteers for full coverage. Cherrydale is the only one with two volunteers. The program is starting a volunteer book club. Very few complaint investigations in Arlington; completed one investigation last month at Mary Marshall.

- B. ADSD (Maimoona Bah-Duckenfield) - Distributed an ID holder gift for recognition of volunteer week on April 13th as a recognition of appreciation for the Commission's work.
- A. Older Americans and Older Virginians Month – recognized and distributed copies of the Governor's Proclamation.
- B. Residences Cost Profile Analysis - Shared handout Rachelle Thompson, MSW Intern worked on with Claire Jacobsen to highlight the costs of each of the LTC communities. Costs vary with some communities offering subsidies.
- C. Aging Information Exchange: Distributed minutes from the last meeting on April 24th. The AAA is being recognized by N4A for the 2015 Aging and Achievement Award in July in Philadelphia.
- D. White House Conference on Aging - Erica shared a white paper focusing on long-term services and supports with interesting statistics on caregiver support.
- E. DHS/Cherrydale meetings – Meetings are held the second Tuesday of every month. The last meeting focused on the development of the Community Advisory Board (CAB). Commissioners Joseph Briglia and Judith Villasenor will serve; the AAA is now interviewing community partners such as the Stratford school, Hunter's Park and looking at Arlington Fire department as potential candidates for membership. Cherrydale is exploring Cherrydale Business Alliance and Civic Association for potential members. The plan is for the CAB to begin on August 18th and hold subsequent meetings on the third Tuesday of every month from 6-7pm. An invitation will be extended for Erica Wood, Chair of the Mary Marshall Advisory Council to present at the very first meeting on the council's structure, composition and successes. Renovations for Cherrydale's shower rooms on each floor are underway as well as a replacement of the cooling tower.
- F. Joint Commission meeting – The second annual meeting with both Commissions on Aging and Long-term Care Residences will be held on Tuesday, June 23rd at 6:30pm. A signup sheet for potluck items was distributed. There will still be a Commission meeting on June 10th meeting. Cyndy Schneider commented that last year the meeting was very informative, there will be a CoA presentation as well as LTC presentation on their outreach efforts.
- G. Steering Committee meeting – Meeting will be this Friday and will focus on the Villages Movement. A description of the purpose of this committee was provided. Cyndy announced the need for a liaison and asked for volunteers.
- H. Future meeting topics - Woodland Hills Independent Residence was contacted to host next meeting, confirmation is pending. DSS Licensing will present at July's meeting.
- I. AAA Recruitment – Job announcement will be posted on Arlington County's website this Friday for a full time Management Analyst position.
 - J. Assistive Technology (AT) Outreach – (Meredith Eisenhart): Distributed flyer for the first AT devices training on June 19 at Culpepper Garden. It is also in the 55 plus guide. It is open to anyone, please help spread the word.

V. Chair's Report (Cyndy Schneider)

- A. Announced that it was Lynnwood Sinnamon's last official meeting, and recognized his contributions to the Commission for the past 6 years. These contributions included serving as the liaison to the CoA and his involvement on the outreach committee among many other areas. Presented a certificate of appreciation from the County.
- B. Announced that a new CoA liaison is needed to fill Lynnwood's position.
- C. Recognized guests present for the meeting and announced the membership committee recommended four individuals to the County Board to fill vacancies. The two individuals

recommended were present and introduced: Lisa Moore and Teri Brzenski. Other guests, Erica Wood, CoA member and Katie Ferguson from Cherrydale.

- D. Announced the one year terms for Chair and Vice Chair would expire soon. Both Chair and Vice-Chair are willing to continue to serve however, wanted to open the floor for any nominations. Nominations should be submitted to Claire Jacobsen or Steve Jennings. The plan is to vote on the officers at June's meeting.
- E. Voting procedures will change, elections will be on June 9th. The School board will be in November, Tuesday the 9th is primaries for the Board. Claire Jacobsen mentioned voting will switch to a paper based voting mode. The voters will use a machine that will generate a printout that the voter can review. There is an option to go back and change the selection. The print out is fed into a scanner that casts the vote. There will also be an option for those who struggle with the paper machine and individuals who are visually impaired to use a machine with a screen and keyboard. Learned that outreach efforts have been slow for the primaries and more outreach will be done for the November election. Residents will still receive ballots for absentee voting. Bill Sands will be running the outreach efforts. He will go to LTC facilities and senior centers as well as schools. Cyndy asked that new members ensure residents in communities are aware of upcoming elections.
- F. Received an email from County Board Chairwoman, Mary Hines asking for the Commission's input on 2016 legislative items for the legislative packet to the General Assembly. A copy of the email was included in the packet, suggestions were encouraged. The Commission will continue to support the NVAN legislative platform.
- G. Thanked Claire for getting the cost information for all the communities. Will plan to pass this information along to County Board liaison, Libby Garvey.
- H. Mentioned the legislative items of interest in Congress included the arbitration fairness act which was introduced by two Democrats.
- I. CMS will change how they collect staffing data to rate nursing homes. This will go into effect next July however, data collection will begin this October on a voluntary basis. The change will include data based on payroll and auditable data which is part of the Affordable Care Act.

VI. Committee/Liaison Reports

- A. Manor Care (Steve Carfora): Mona Clark remains as the Acting Administrator. She still plans to move on but there has been some delay. Volunteer appreciation night was held on April 23rd with many faith based community representatives. There were several volunteers recognized including Tom Fonseca for his work with the Fenwick Foundation.
- B. Sunrise at Arlington (Claire Jacobsen): Met with new Associate Director, Nate Salisbury. Census is 43 with 18 residents on memory floor; this is a little low since they are licensed for 60 and they consider 52 to be full. 25 assisted living residents on first and second floor. Marketing person is no longer there. Some changes in the kitchen but the head is still there. The state licensing inspector has changed. There are plans to have a special evening on June 19th to celebrate an anniversary. So far, only one resident is using Metro Access but there is a need for some new residents to start applying for it.
- C. Sunrise at Bluemont Park (Claire Jacobsen): Meets periodically with the new Executive Director who started at the end of March. Had a get together on April 3rd to meet residents and families and again on May 6th. His assistant left in mid-April. The new marketing person is working diligently to fill the community. The Potomac is almost full and the James census is somewhat low. Exploring the possibility of a bereavement or grief group. May look at partnering with Capital Care. There has been some concerns about the food, those with a special diet do not

have a wide selection. Have a lot of trips including to the grocery store as well as activities on location.

- D. Mary Marshall (Erica Wood): Fenwick Foundation will provide support for dental care. At the last meeting, the council reviewed the wish list and found many of the items requested were received; a lot of the items came from the Community Services Board.
- E. Outreach Committee (Steve Jennings): The presentation is in its final stages. Cyndy hopes the Commission will have an opportunity to preview it before it is shown at the Joint Commission meeting on June 23rd.

VII. Announcements and Public Comment

- A. Erica Wood announced there will be a monument created to recognize women in history in Richmond, VA.

VIII. Adjournment 8:38 p.m.