



ARLINGTON COMMISSION ON LONG-TERM CARE RESIDENCES
c/o Agency on Aging, DHS
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Meeting Summary
DHS Auditorium, 2100 Washington Blvd., Arlington, VA 22204
June 8, 2016

PRESENT: Cynthia Schneider, Stephen Carfora, Joy Nathan, Claire Jacobsen, Martha Wilson

EXCUSED: Judith Villasenor (resigned), Susan Xu, Alice Paxton, George Kelly

STAFF: Rachel Sparico, Reginald Lawson

GUESTS: Katie Ferguson, Karen Elrod, Erica Wood, Nico Schimmenti

I. Called to Order at 6:38 p.m.

II. Presentation on Aging & Disability Resources and Services – Reginald Lawson, Program Manager of Adult Protective and Adult Services and Rachel Sparico, AAA Management Analyst/Coordinator

Presentation included services and resources for older adults, persons with disabilities and their caregivers. Arlington County Aging and Disability Services Division (ADSD) offers programs and services to meet the needs of Arlington residents over the age of 60, adults with a diagnosed disability, and caregivers. Most of the programs are either free, or offered on a sliding scale fee based on income, to adults over the age of 60. ADSD strives to assist individuals to maintain independence and enhance quality of life by increasing awareness and access to services and benefits. To access services a resident or caregiver is welcome to call or walk-in during regular business hours, (8 a.m. – 5 p.m.), Department of Human Services, Sequoia I, 2100 Washington Blvd., 4th Floor, Arlington, VA 22204, and Phone: [703-228-1700](tel:703-228-1700). Information and resources are available through the Aging and Disability Services Division website, <https://aging-disability.arlingtonva.us/>.

III. Approval of May Meeting Minutes (C. Schneider)

The minutes were approved with the following amendments: 1) change of date to May 11, 2016, 2) change Brookdale update to “results of election pending” 3) change Regency “Community Advisory Board” to “Resident Council”.

IV. Liaison Reports

- a) Cherrydale – Ms. Ferguson reported that Metro SafeTrack is having a slight impact on staff’s commutes. The May CAB meeting focused on Emergency Planning and Preparedness with John Crawford from Office of Emergency Management. Ms. Schneider will attend until a replacement may be appointed.
- b) Brookdale – Ms. Wilson reported on the results of the resident council election.
- c) The Jefferson – Ms. Jacobsen reported on the facility CMMS rating. Ms. Paxton submitted her report electronically. Availability for the skilled-unit include 31 short-term

- units, ALF total 38 (2 units currently available), memory care fully occupied. She shared the open staffing positions. No new licensing activity. Building repairs are occurring due to water behind brick. The facility received a national quality award.
- d) Manor Care – Ms. Jacobsen reported on staffing, the facility CMMS rating, and private pay rate. There was also a discussion about the elevators in the building, which Ms. Keller detailed further in her report.
 - e) Culpepper Garden – Ms. Woods reports Culpepper Garden hosted the Annual Garden Party event on June 4th.
 - f) Sunrise at Bluemont and Sunrise of Arlington – Ms. Jacobsen reports on census numbers stating both locations are near capacity. Renovations are in process or pending. The last DSS inspection of Sunrise Arlington was November 2015 and they were awarded a 3-year license. Sunrise of Arlington will host the July 13th Commission meeting. Sunrise at Bluemont is preparing for renovations to the roof, which will take 4 weeks. The facility has hosted a number of activities and events.
 - g) Mary Marshall – Ms. Wood reported on the Mary Marshall newsletter which is now available electronically and may be shared with caregivers. The Director of Nursing, Pam Jones, will be leaving for a new position.

V. Staff Reports

- a) EMS (Kate Keller) – Ms. Keller reports an increase in calls to Claridge House and the Carlin related to isolated incidents. Ms. Keller reports issues with elevators at Manor Care and the Jefferson. Ms. Keller reports regulations report NF only need one working elevator. The Jefferson resolved the issue promptly, but the issue is ongoing for ManorCare. There is no notification system. Locked memory units do not have access for emergency responders
 - i. Table Top exercise on June 16th with LTC communities for a large evacuation, and responses to emergencies.
 - ii. Weather disasters – Ms. Keller reports a significant number of transports from LTC facilities to dialysis during snow; and would like to explore other options to resolve this issue in the future.
- b) Ombudsman (Karen Elrod) – Ms. Elrod reports no new investigation, but two volunteers at Cherrydale. Ms. Elrod will accompany Maimoona Bah-Duckenfield on a visit to ManorCare to address concerns about the elevator. Ms. Elrod reports there has not been a significant increase in the number of contacts about the removal of the online complaint record.
- c) APS (Reggie Lawson) – Mr. Lawson shared an update on the investigations Adult Protective Services facilitated in LTC communities. Mr. Lawson will provide a year-end report at the July meeting.
- d) ADSD (Rachel Sparico) – Ms. Sparico shared an update on the Arlington Centenarian event scheduled for June 28th at 11:30 at DHS. Arlington is now posting FOIA request online. Arlington will post responses – with a few exceptions – on the [FOIA Center](#). Go to www.arlingtonva.us and search “FOIA.” All correspondence discussing official County business may be subject to FOIA. There was a discussion on electronic communication.

VI. Chair's Report (C. Schneider)

Ms. Schneider reports that due to other commitments Ms. Villasenor resigned from the board. Ms. Schneider attended the Ballston-Virginia Square resident meeting and presented an update on the work of the LTC Commission. Ms. Schneider also attended the Coalition to Improve Advanced Care (CIAC), and the Commission on Aging Legislative Committee meeting. Ms. Schneider met with County Board Liaison Christian Dorsey to recruit new members, discuss the Ombudsman complaint log, and discuss proposed bylaws. 1) Support NVAN platform, 2) identify and highlight the three issues that impact LTC residents (Ombudsman money, Medicaid expansion, and compensation for the LTC workforce). 3) Open meeting – allow committee meetings by phone and allow a member to participate by phone. NVAN platform – Ms. Wood discussed the training for medical students and Board certification. Ms. Keller mentioned to include geriatric training as part of the Continuing education requirements.

VII. Announcements and Public Comment

VIII. Adjournment 8:50pm

Next Meeting: July 13, 2016 at 6:30pm